



WEST SUSSEX COUNTY COUNCIL

SUMMERLEA C.P. SCHOOL

WINDSOR DRIVE, RUSTINGTON

WEST SUSSEX, BN16 3SW

HEADTEACHER: MRS H MORRIS

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'Growing thoughtful learners and independent thinkers'



Honesty, Equality, Aspiration, Respect, Resilience, Responsibility, Trust

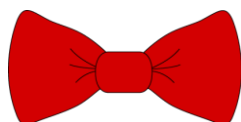
NEWSLETTER 10: 1 February 2016

Our new website is now live!

Please visit <http://www.summerlea.w-sussex.sch.uk> to take a look.

Wear something red for non-uniform day

Next Friday 12th February is FOSS non-uniform day. As this date coincides with Chinese New Year and Valentine's weekend we are inviting your child to come to school wearing red (something or everything!) for a suggested donation of £1 to FOSS. This year FOSS are working closely with our Outdoor Learning Team to improve the outdoor areas in Key Stage 1 (outside the Year 1 and 2 classrooms) and also in Key Stage 2 (on the playground trim trail area). This is an exciting project and one that all of the children in the school will benefit from. We have lots of ideas about what we'd like to do and now need your support of FOSS events to help make these become a reality. So, please encourage your child to wear red next Friday and give generously towards this great cause. Thank you for your support.



Week beginning 1st Feb:

Fri 5th 6.30pm for 7pm start FOSS Bingo

Week beginning 8th Feb:

Children's mental health week

Tue 9th 7pm FOSS meeting – all welcome

Fri 12th EYFS & Year 3 Chinese New Year Day

FOSS non-uniform day – wear red

End of half term – school re-opens to children on **Tuesday 23rd February**

Please also see the previously published term dates for the academic year and key events for the spring term, as well as separate letters for more information.

INSET Day: Monday February 22nd



Networked Learning Communities





Two top-tips re school uniform

1. With regards to paint stains, felt tip and dry wipe marker pens:

a) Soak the clothing in COLD water for at least 24 hours

b) Then mix Vanish powder with a small amount of hand hot water and mix into a paste.

c) DO NOT let this cool and rub immediately into the stain

d) Wash on a 40-degree wash, adding a scoop of the stain remover to the detergent drawer. This will remove the paint/pen stain and will fade the dry wipe marker stain.

Please note this technique only works on FRESH stains!

2. With regards to replacement buttons: Contact Russell School Wear (the Uniforms Direct supplier) on 01952 682900. They will send them to you free of charge!

Thanks to Mrs J.C. Jacklin-Wooler (parent) for these great top tips.



Advertising opportunity

Would you like to advertise in the programme we are putting together for the Summer Spectacular at the Windmill Theatre?

The programme will be seen by approximately 400 people over the two nights (28th and 29th April 2016). The cost to advertise is £60 for half a page and £80 for a full page. If you are interested, or know someone who would be, please contact Mr Fauvel via the school office. All proceeds will go to Glee Club and future events.



We need you!

The Governing Body's Resources Committee has recently formed a working party called Summerlea Additional Revenue Generation Enterprise (SARGE). The aim of this group is to explore possible avenues for resources generation for the school, given the times of adversity all schools are currently facing. With over 350 families at Summerlea we suspect there are parents or other family members/friends whom may be able to help with this drive in some way e.g. through application for grants through a business, sponsorship, matched funding, donation of materials, hire of our facilities etc. If you think you might be interested and able to help in some way, or know someone who could, please do get in touch with the governors. Thank you for your help.

governors@summerleaschool.co.uk



Please use the main entrance

Please do not enter the school building via any means other than the main entrance unless directed to do so and accompanied by a member of staff. We now have a new entry system and it is essential all visitors sign in and out via this to ensure our safeguarding procedures are the best they can be.

Younger siblings who need to use the toilet should be brought into the main foyer and under no circumstances should they be using the children's toilets. Thank you for your co-operation.



Are your contact details up to date?

A reminder to all parents/carers to notify us if your contact details have changed. It is really important that the address, email and telephone numbers we have for you are up to date in case we need to contact you in an emergency. Please contact the office to ensure our records are current if you have moved house or changed your email address or phone number recently.

After-school care and clubs collection

If your pick-up arrangements change please ensure you inform us, and after school care leaders, so that we know whom your child is meant to be going home with. Thank you.

Rag Bag Scheme

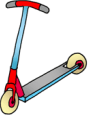
Please note the Rag Bag Bin is no longer available at school. Apologies for any inconvenience this may cause.

Headteacher:

Helen Morris

Behaviour on the playground before and after school

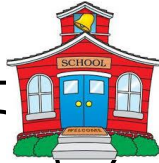
Please can all parents support us by reminding your child to enter, exit and wait on the Key Stage 2 playground at the beginning and end of the day calmly and respectfully. Staff and parents have recently witnessed some boisterous behaviour during these times of the day. A main concern is that some of the older children are either going to hurt themselves or hurt a younger / smaller child by running into them or knocking them off their feet. The children have been reminded in assemblies about the expectations of playground behaviour before and after school. The playgrounds are unmanned by staff until 8.20am and so please keep a close eye on your child/ren until this time. Thank you for your support.



Scooters

A polite request to please not leave scooters in or around the school grounds unless they are in the cycle store/park. Thank you.

We are currently looking into raising funds for some scooter stands for both the Key Stage 1 and Key Stage 2 playgrounds – more information will follow shortly!



Children's Mental Health Week

Next week (8th-14th February) is Children's Mental Health Week – please see the top tips for children and parents attached.

The theme for this year is 'building resilience' and teaching children to 'bounce forward' from life's challenges.

The children will be participating in a special assembly on Monday 8th and follow up activities about resilience (one of our Summerlea Seven values!) and healthy minds in their classrooms, throughout the week.



Children's Mental Health Matters!



Parking

<http://www.operationcrackdown.org>

This past fortnight we have received what must be a record number of complaints and concerns from both parents and local residents about illegal and dangerous driving / parking in the roads surrounding the school. As such we are working closely with Sussex Police and reporting this anti-social driving via the Operation Crackdown website. Please look out for a letter from the Travel Plan Team about a 'parking promise'. We are also writing to our local residents to encourage them to report their concerns directly to the police. If you are having difficulty using the Operation Crackdown website please do contact the police on the non-emergency 101 number and they will be only too pleased to help you.

Buckingham Place

Please do not double park in the layby here – this blocks vehicular access and in the event of an emergency a fire engine or ambulance would be unable to pass.

Chatsworth Drive

Please do not park so close to the driveways of residents that they cannot get out.

Finally, and this should go without saying, if a local resident politely asks you to move because you are parked illegally or unsafely please show them the courtesy of doing so in a respectful manner. We do expect all of parents to live our Summerlea Seven values and set excellent examples to their children. It is the children's safety, after all, that is of paramount concern.



The 100-word challenge

Week beginning: 18th January

EYFS/Key Stage 1 winner

It was too high.
I couldn't reach it.
It begins with 'w'.
Guess what I am.

(Answer: Water on a table)

Written by Riley (Maple Class, Year R)

The children were given a sentence starter: 'It was too high.'

Key Stage 2 winner

*It was too high.
At the top of the hill, the top of the building.
It was too high, the cat in a hat.
It was too high.
At the top of a ladder, the house, the mouse and the Brussel sprout.
It was too high, the goat, the moat, the float, the throat.
It was too high.
At the top of the cupboard, the top of the shed, the top of the bed.
It was too high.
At the top of the rollercoaster, at the top of a plane, the score of the game.
IT WAS TOO HIGH!!!*

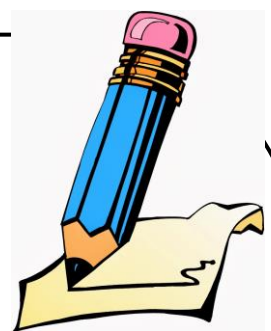
Written by Jessica (Elm Class, Year 4)

Time to read and reflect

We hope you have enjoyed reading these pieces of writing. It would be lovely if you could spend some time sharing and discussing them with your child. Below are some suggestions of things you could think and talk about together.

Riley has written clues about what was too high. Can you think of some for something out of your reach?

Jessica has written a poem, which refers to lots of different things that could be too high. Can you identify the rhyming words? Why not have a go at your own poem but this time begin with the words 'It was too low.'?



VACANCIES

Mid Day Meals Supervisors (MDMS)

Grade 2 £7.19 - £7.43 per hour

5 hours per week, 1 hour daily Monday-Friday

The successful candidates will be able to engage with children, support and care for them and ensure that their school experience is a positive, safe and happy one.

We encourage our MDMS to have a sense of belonging to an important team of staff. The MDMS are responsible for supervising the children, ensuring that they have a calm and positive lunchtime experience that is sociable and fun.

All MDMS are expected to supervise and engage the children in play on the playground before/after lunch has been eaten and liaise with the staff about pupils' individual needs.

Summerlea School is an equal opportunities employer and the posts are subject to enhanced DBS clearance. We expect all candidates to share a commitment to safeguarding our pupils.

Visits to our school are most welcome.

Please download and complete an application and safer recruitment form and email them to sbm@summerleaschool.co.uk or post to Summerlea CP School, Windsor Drive, Rustington, West Sussex, BN16 3SW. Enquiries 01903 856783



**Children's
Mental Health
Week 2016**
8-14 February #childrensmhw
ChildrensMentalHealthWeek.org.uk

Dear Parents and Carers,

This week (8-14 February 2016), it's Children's Mental Health Week.

Run by school-based children's mental health charity Place2Be, this year's theme is 'building resilience'

Life often throws challenges our way. It could be the death of a close family member or friend, a serious illness, the loss of a job or the breakdown of a relationship.

'Resilience' means our ability to cope with these events. Through our experiences, we develop new knowledge and perhaps new coping skills. At Place2Be we call this 'bouncing forward'. As parents and carers, you play a vital role in helping to prepare your children for the difficult times that life brings.



Every child and family's circumstances are different, but here are four simple tips that we hope you may find helpful to build your child's resilience:

- Let them know it is perfectly normal to feel upset or angry sometimes. As a parent, you can **be an emotional role model** for your children by showing them how to behave when you're frustrated or upset – although we know this isn't always easy!
- Make time for fun and **"down time"** with your children to help keep some balance. This is also a great opportunity to enjoy some time listening and playing with your child.
- Allow your child to **learn from their own mistakes** with support. Giving them age-appropriate freedoms will help them learn their own limits, and show you trust them to make appropriate decisions.
- **Get advice and support** – if you're worried that something has changed with your child, talk to your GP or someone at your child's school. There is also great advice available for parents online, for instance on MindEd (www.minded.org.uk).

**Visit www.ChildrensMentalHealthWeek.org.uk
for advice and ideas for getting involved**

CHILDREN'S GUIDE TO HEALTHY MINDS

Suitable for age 4+

Do you know how to take good care of your body?
There are lots of ways - eating good food, getting exercise, lots of sleep...

What about taking care of your mind? We all need to take care of our minds as well as our bodies. Sometimes people call this 'mental health'.

Here are three things to do every day to keep your mind healthy:

1. **Ask yourself "How am I feeling today?"** and then tell someone! It can be your friend, an adult or even your pet - but it's great to talk about how you're feeling.

2. **Help someone else:** Sometimes it feels really good to help other people. Why not ask the person who sits next to you in class how they are feeling today? If they have a problem - see if you can find a solution together or ask an adult for help.

3. **Have a break!** Spend a little bit of time doing something that you enjoy - it could be playing music, doing artwork, reading, playing football, or just having some quiet time alone in your bedroom.

Always remember, if you're really worried about something, you can find an adult who you trust to talk to - it could be someone in your family, a teacher, or someone else in school. It can be helpful to think of all the adults you know who you might be able to ask for help.



Children's Mental Health Week 2016
8-14 February childrensmhw.org.uk

Follow the adventures of Gumball on Cartoon Network



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FREE Bikeability

Level 2



Cycle Training Holiday Courses

(Minimum age 10 years)

Easter Holiday Course

29th March - 1st April 2016 (4 days)

9.00am until 11.00am

Course Venues

Oak Grove College, Worthing

Forest School, Horsham

Maidenbower Junior School, Crawley

The Arena Sports Centre, Bognor Regis

St Paul's Catholic College, Burgess Hill

Summer Holiday Course

25th July – 28th July 2016 (4 days)

9.00am until 11.00am

Course Venues

Oak Grove College, Worthing

Forest School, Horsham

The Arena Sports Centre, Bognor Regis

St Paul's Catholic College, Burgess Hill

1st August – 4th August (4 days)

9.00am until 11.00am

Maidenbower Junior School, Crawley

For further information please contact us

T: 03302226709 or 0330 2226746

or

[E: CYCLE.TRAINING@WESTSUSSEX.GOV.UK](mailto:CYCLE.TRAINING@WESTSUSSEX.GOV.UK)