



WEST SUSSEX COUNTY COUNCIL

## SUMMERLEA C.P. SCHOOL

WINDSOR DRIVE, RUSTINGTON

WEST SUSSEX, BN16 3SW

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*'Growing thoughtful learners and independent thinkers'*



**NEWSLETTER 3: 8 October 2018**



We will be supporting Children in Need in school on Friday 16th November. As in previous years, we will also be selling a range of Pudsey products to get everyone in the fundraising mood! These will be on sale in the days running up to Children in Need and more information about this and how we will be marking the occasion in school will follow after half term.

### Harvest Assemblies

We are looking forward to celebrating Harvest this coming Friday 12<sup>th</sup> October in our Harvest assemblies at the following times:

**8.45am-9.15am Year R and Year 1**

**9.30am-10am Year 2**

**10.15am-10.45am Year 5 and 6**

**1.30pm-2pm Year 3 and 4**

**2.15pm to 2.45pm Year 5 and 6**



Due to the size of our hall and health and safety regulations, we only have capacity for a maximum of 2 adults to attend per child. Due to there being 5 classes in Upper Key Stage 2 there will be two assemblies and we ask that you kindly attend one or the other and not both. This year we are collecting non-perishable items for Littlehampton & District Foodbank. Please see the attached poster for further information and shopping list items required.

Please bring items into school before the start of the day on Friday 12<sup>th</sup> October – there will be a collection table on the Key Stage 1 playground by the hall. Thank you very much for your support.



### Week beginning 8<sup>th</sup> October

**Mon 8<sup>th</sup>:** Year 2 swimming

3.15-6pm Holly Class parent consultation meetings

**Tues 9<sup>th</sup>:** Year 2 Church visit

**Tues 9<sup>th</sup>:** 4-7pm Holly Class parent consultation meetings

**Thurs 11<sup>th</sup>:** 9am EYFS 'Six weeks in' meeting for parents

**Fri 12<sup>th</sup>:** Harvest assemblies (see timings opposite)

### Week beginning 15<sup>th</sup> October

**Mon 15<sup>th</sup>:** Year 2 swimming

**Tues 16<sup>th</sup>:** Individual photos

**Wed 17<sup>th</sup>:** 6pm Open Evening for prospective parents

**Thurs 18<sup>th</sup>:** 9.15am and 1.30pm Open Day for prospective parents

**Fri 19<sup>th</sup>:** End of half term (term resumes on Mon 29<sup>th</sup> October)

*Please see the previously issued calendar of key dates and events for the autumn term. Please also see our website calendar, as well as separate letters, for more information.*



### Parent Representatives

Thank you very much to the following parents for putting themselves forward to be parent representatives this academic year:

Samantha Miller – Willow Class (Year R)

Caius Liu – Ash Class (Year 1)

Lewis Overy – Elm Class (Year 4)

Alison Byfield – Beech Class (Year 4)

We would love for each class to have a representative, so if you are interested and would like to put your name forward please do contact the office.



### Fifth INSET day

We have now set our fifth INSET day for the academic year. This will be in the spring term, as previously advised, on **Monday 11<sup>th</sup> February 2019**. As such, school will be closed on this day for staff training.



### Water bottles

We encourage all children to bring a water bottle to school everyday and promote the importance of staying hydrated and having a regular 'drink to think'. Please ensure water bottles are clearly named and that they do only contain water and not squash or juice (unless there are special circumstances, in which case please ensure your child's class teacher is aware).



### Safeguarding

An important reminder to parents that when classroom doors have closed after 8.30am children must come through the main entrance and sign in. If your child is late and they come in this way the school is operational and it is not possible to take your child to their classroom.

### Staff Car Park

A reminder that the car park is intended for staff use only. Having a blue badge **does not** entitle you to enter. If a member of staff advises that the car park has no available spaces, please be respectful and polite. Thank you.



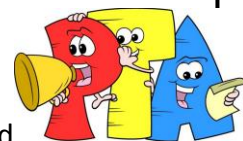
### Friends of Summerlea School (FOSS)

Following the FOSS AGM on Friday 28th September, we are pleased to announce we had a good turn out and the following people will be playing a key role in driving FOSS forward this year:

Liz Brooks- Chair

Kat Wright – Treasurer

Supported by Emma Burrows and Samantha Miller.



A huge thank you to everyone who came to the meeting and to the above people for volunteering to take on these roles to ensure FOSS can continue as a charity and raise vital funds for the school.

Thank you also to Charlotte Edwards and Angela Honeywood (previously Chair and Secretary) for all they have given to FOSS and our school during their time in post.

Both will still be playing an active role in FOSS but needed to take a step back from their formal titles due to other commitments this year.

This year FOSS is raising money to give our current library a 'facelift' to include redecoration, new furnishings and new books. This is a very exciting project that every child will benefit from and also links seamlessly with our school improvement plan and wanting to raise the profile of books and reading across the school.

The first FOSS fundraising event this academic year will be the autumn discos on Thursday 1<sup>st</sup> November (tickets will be on sale at Harvest assemblies and are £2 for EYFS and £2.50 for everyone else). Thank you for your support.



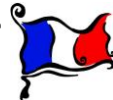
### Chartwells menu

Please be aware that on the first day back, after the half term break (Monday 29<sup>th</sup> October) there will only be jacket potatoes on the Chartwells hot meal menu rather than the usual selection of main courses.



### French phrase of the fortnight

This week our phrase of the fortnight week is: 'Bienvenue dans notre école' (Welcome to our school).



# COMBINED HARVEST APPEAL



## HELP SUPPORT YOUR FOODBANK WITH FOOD AND FUNDS THIS HARVEST

### DONATE FOOD

Help by donating an item or two from our shopping list to ensure we can provide food to help people in crisis.



### DONATE MONEY

Help to cover the costs of storing and distributing food, as well as developing sustainable projects.

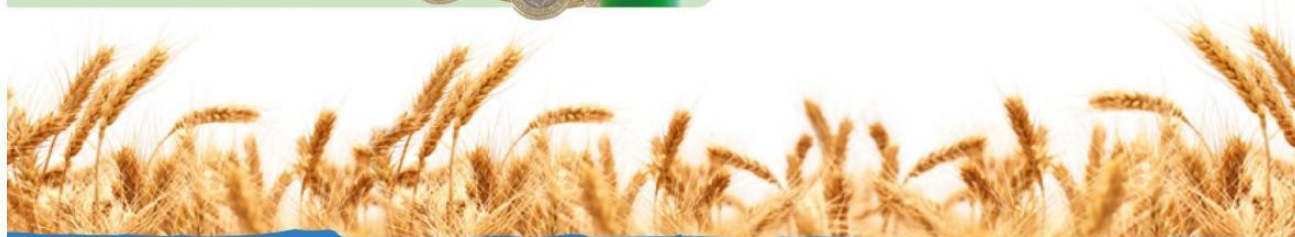


### SHOPPING LIST TOP TEN ITEMS

Instant mash  
Sponge puddings  
Instant coffee  
Tinned tomatoes  
Rice pudding & custard  
Deodorant  
Tinned fruit  
Sugar  
Tin openers  
Biscuits

*Don't forget...*

*You can help transform  
more lives with a financial  
donation too.*



Littlehampton & District Foodbank  
[littlehamptondistrict.foodbank.org.uk](http://littlehamptondistrict.foodbank.org.uk)

Registered Charity in England & Wales (1160455)



**Rustington**

**East Preston**

**Angmering**

**Littlehampton**

Coppice/Angmering Medical Centre



**REAL**  
Patients Group

Fitzalan Medical Group

The Lawns Surgery

The Park Surgery

Westcourt Medical Centre

Willow Green Surgery

## **'Your voice in the local NHS'**

# **Public Meeting**

***Saturday 20 October 2018***

Doors open 9.30am – Meeting starts at 10am

Windmill Theatre, Littlehampton, BN17 5LH

**Come and meet GPs & patients from the area**

**Hear from local Health Professionals & staff**

**Learn about changes to the NHS in our area**

**Question & Answer session**

**Contact:** [realpatientsgroup@gmail.com](mailto:realpatientsgroup@gmail.com)

07736 575651 @PatientsREAL



Please let us know if you need wheelchair access

## Informal Family Care

Caring for someone else's child from your family.



**Monthly Drop-ins** across the county, providing opportunities to meet other Family Carers, have an informal chat and talk through any concerns. Issues could include:

- **Behavioural challenges** – power struggles, sleep problems, discipline, anxiety, boundaries, parenting styles, reacting or responding...
- **Parental responsibility** – the new 'Child Arrangement Order'
- **Anger management** - support and ideas
  - **Contact** with birth parents.
  - **Practical** issues and benefits
- Feeling **isolated** in your unexpected and new role.



### Drop-ins with free refreshments are currently held in:

**Bognor Regis** – 3<sup>rd</sup> Thurs in every month. 9.30-11.00am.  
*Bognor Nursery and Children's Centre 85, Victoria Drive, Bognor Regis, PO21 2TB (In the parent's Room)*

**Littlehampton** – 1st Friday of every month. 10.00 to 11.30am. *Children and Family centre, Wickbourne Centre, Clun Rd, Littlehampton BN17 7DZ (In the Lounge)*

**Southwick** – 4<sup>th</sup> Friday of every month (Unless holidays). 10.00 to 11.30am.  
*Eastbrook Primary Academy, Manor Hall Rd, Southwick, BN42 4NF*

**Crawley** – 2<sup>nd</sup> Thursday of every month. 1.00-2.30pm *Langley Green and Ifield Children and Family Centre Langley Green Centre, Stagelands, Langley Green, Crawley, RH11 7PF (In the parent's Room).*

**(We are happy to provide text reminders to you the week before – just ask!)**

**One-off consultations available:** Contact Lisa on 07718807476 or Pam on 07889203515

Please call or text **Pam Herrington** on **07889203515** to confirm the 'drop-in' is taking place, in case of any changes.



## West Sussex Parent Carer Forum



invite you to our



### Coffee, Cake, Info & Networking event

for families with children with additional needs  
and disabilities

17<sup>th</sup> October 2018 10.30am – 1.00pm

Worthing Rugby Club, Roundstone Lane, Angmering, BN16 4AX

Drop in and find support, pick up information, and talk to organisations whilst enjoying coffee and cake and meeting other parents.

**\*\* CARERS SUPPORT \*\***

**\*\* WEST SUSSEX LOCAL OFFER \*\***

**\*\* REACHING FAMILIES \*\***

**\*\* FARM BUDDIES \*\***

**\*\* WEST SUSSEX PARENT CARER FORUM \*\***

**AND MANY MORE**



This is a free DROP IN event where children are welcome.

Free Parking available, travel expenses can be reimbursed for parent carers.





## PARENT SEMINARS

*with Clinical Psychologist Dr Shoshannah Lyons*

Parenting a troubled child can be a very stressful experience and there are no 'magic answers', but a little more knowledge can be incredibly powerful.

In our unique Parent Seminar Series, understand the emotional difficulty your child is facing; and learn practical strategies to support your child in ways that can create change and hope.

### HOW TO PROMOTE YOUR CHILD'S SELF-ESTEEM

Friday 23rd November 2018 10am - 11.30am

### HOW TO COMBAT LOW MOOD IN YOUR CHILD

Monday 14th January 2019 10am - 11.30am

### HOW TO REDUCE YOUR CHILD'S ANXIETY

Friday 18th January 2019 10am - 11.30am

### HOW TO HELP YOUR CHILD WITH SELF-HARM

Friday 22nd February 2019 10am - 11.30am

### HOW TO STAND BY YOUR CHILD'S SIDE WHEN THEY ARE EXPERIENCING LOSS & BEREAVEMENT

Friday 5th April 2019 10am - 11.30am

**£10**  
per seminar

Book online at

[www.beaconhouse.org.uk/training](http://www.beaconhouse.org.uk/training)

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