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'Growing thoughtful learners and independent thinkers'



NEWSLETTER 5: 12 November 2018

This Friday is Children In Need Day. The dress-up theme this year is 'heroes'. Pudsey merchandise is on sale after school this week on the Key Stage 1 playground. Thank you for your support.

# Poppy Appeal

Thank you to everyone who has supported the Royal British Legion by purchasing a poppy. This year marks the 100<sup>th</sup> anniversary of armistice day and the end of World War 1. On Monday last week Roger Purdom (from Littlehampton Churches Together) led a whole school assembly on Remembrance Day and respect.

Mrs Hills (Learning Support and After School Care Club Assistant) has been busy helping children to create 100 beautiful poppies (one for each year) out of plastic bottles to 'plant' in the school grounds. We hope you have spotted these on the hill opposite the field and are sure you will agree they look stunning.

We would like the poppies to remain on display until the end of the month and kindly ask that parents do not allow younger siblings to go on the mound or to touch them. If anyone would then be interested in buying one for £1 please let the office know and we will reserve you one! All of the profit will go to the Poppy Appeal. A huge thank you to Mrs Hills for suggesting and organising this.





Week beginning 12<sup>th</sup> November Anti-bullying week - choose resect

Mon 12<sup>th</sup>: Year 2 swimming

Odd socks day! Children may wear odd socks to school to promote awareness of antibullying week

**Friday 16<sup>th</sup>:** Children in Need Day – please send a suggested voluntary donation of £1 into school with your child

# Week beginning 19<sup>th</sup> November

Mon 19<sup>th</sup>: Year 2 swimming

Tue 20th: Year 5 trip to Planetarium

Wed 21st: Year 2 trip to Portsmouth Dockyard Thurs 22<sup>nd</sup>: 2.45pm-3.15pm Chartwells at

school

Please see the previously issued calendar of key dates and events for the autumn term. Please also see our website calendar, as well as separate letters, for more information.





















# **Safeguarding**

AFEGUARDING

Updates\_v

Please accept our apologies. We forgot to attach the infographic referred to in our last Newsletter so have attached it to this Newsletter instead.

How to help children cope with low mood:
Associate Professor of Child and Adolescent
Psychiatry at the University of Oxford, Mina
Fazel, has developed a free infographic to help
young people recognise and improve the
symptoms of low mood.

Curriculum

# **Curriculum Guides and Homework**

Curriculum Guides for all year groups were published at the start of last week and provide key information about the half term ahead. They were sent electronically via ParentMail and are available to download from our website

http://www.summerlea.w-sussex.sch.uk/ >
Our School > Curriculum & Assessment >
Curriculum Booklets. Hard copies are also available from the main foyer.
In response to parental feedback, homework/home-learning activities are now separate to this and came home in hard copy via your child (also last week).
Copies were also sent electronically via ParentMail and are available on our website by going to Learning Zone > How to help > Homework and selecting the relevant year group. Again, hard copies are also available

#### **Lost Property**

from the main foyer.

We have, once again, accumulated a huge amount of lost property. If your child has lost an item of clothing (or something else!) then please do come and check it is not in our lost property drawers in the main corridor near the foyer. Items include coats, jumpers, PE kit and numerous branded tops worn on non-school uniform days or to discos. All of these items are unnamed and will be recycled if they have not been claimed by the end of this week. Thank you.

#### **Staffing News and Updates**

We are delighted to have appointed a new, full time, permanent class teacher. Mrs Kat Saunders will initially be taking over from Miss Axton in Sycamore Class (Year 5) as from January 2019. Mrs Saunders is an experienced Key Stage 2 teacher and senior leader, and has also taught in Year 7. She is a mastery specialist teacher and we are thrilled to be welcoming her to our teaching team and know she will be a great asset to our school.

Miss Parsons (EYFS Teaching Assistant and After School Care Club (ASCC) Assistant) has decided to step back from her After School Care Club duties. We would like to thank Miss Parsons for all she has contributed to the success of ASCC during her time in post and are very grateful that she has offered to remain in role until we have appointed a suitable replacement.

Mrs Kirkwood (Learning Support Assistant and Speech and Language Assistant) will sadly be leaving at the end of November. After 16 years at Summerlea, Mrs Kirkwood has been appointed as a dedicated Speech and Language Assistant at River Beach Primary School – a role she has always wanted and we know that she will be excellent at. We wish Mrs Kirkwood many congratulations and thank her for her continued hard work and commitment in the many hats she has worn during her time with us. She will be missed by staff, parents and, of course, the children.

Finally, we are thrilled to be welcoming Mrs Sacree back to Summerlea in the New Year! Mrs Sacree will be resuming her previous role as SEND leader during Mrs Ronchetti's maternity leave and Mrs Morris will be the named SENDCo. Mrs Sacree has a wealth of experience and her appointment will provide consistency and stability to the Inclusion Team and school as a whole and we look forward to working with her again.



#### French phrase of the fortnight

This week our phrase of the fortnight week is: 'comment Ça va?" (How are you?')

#### ParentView 2018-19

As usual, governors administered the annual Parentview survey during parent consultation meeting evenings over the past two weeks.

Thank you to all of the parents/carers who were able to spare a minute or two to complete the survey on our iPads.

Parent View gives you the chance to tell us what you think about our school. It asks for your opinion on 12 aspects of your child's school and by sharing your views you will be helping us to improve.

If you didn't have a chance to complete the survey, then please do visit Parent View - it is simple to do and we really value your feedback. Thank you to all of the governors who kindly gave up their time to come in and help — what a great team!



# <u>Christmas is coming – shop and fundraise</u> <u>at the same time!</u>

Christmas is coming and as you are all aware this usually involves shopping! Why not raise money for the school whilst you shop? As you will have read in previous newsletters, we have registered with School Angel – a charity that will help us raise money for our school through online shopping. An amazing £769.75 has already been raised! Examples of online shopping sites that can be used through School Angel are Next, Amazon, M&S, Argos, John Lewis, PC World, ToysRUs, The Entertainer, Superdrug, Boots, Jack Wills, Matalan and many, many more. School Angel is really easy to use and our school has its own charity page already set up which you can visit using this link: http://www.schoolangel.org.uk/summerle a-community-primary-school.html You can also visit via our own school website, where we have set up an icon called 'School Angel' which can be found under: Our School > Fundraising > School Angel. So, next time you want to do some online shopping please do so via School Angel. Thank you for your support!

# **Parking Promise**

A polite reminder to all parents to please park legally, safely and considerately in the surrounding residential areas. Nearby roads do get incredibly congested and dangerous, especially if parents are doubleparked, parking on yellow lines. Pulling up on pavements also puts pedestrians at risk. Please also remember that access to the staff car park is only permitted with the specific permission of Mrs Morris in exceptional circumstances. Our facilities for disabled parking are very limited and are used by staff as well as parents/carers. Thank you for your cooperation. Inconsiderate and dangerous parking/driving can be reported to the police via 101 or at www.operationcrackdown.org

# **The West Sussex Chartwells Team**

Chartwells are our hot school meal providers. On Thursday 22<sup>nd</sup> November they will be at our school at the end of the day to talk to parents about school lunches. Their aim is to raise awareness of school lunches and answer any questions you may have. They will be handing out school meal information and nutritional information. Chartwells staff will also be bringing one or two of their new mascots with them - Boss and Casey. These are their food heroes as advertised on menus and posters. They look forward to meeting you and your child/ren.

#### **Twitter@Summerleahearts**

Did you know you can follow all of our latest news and events on Twitter?
We currently have 230 followers and have posted 212 tweets. If you are not a Twitter follower (and do not want to be) then you can view our Twitter feed on the home page of our website. Please follow us if you can and thank you for your intere

#### Governor Newsletter

Dear Parents and Carers,

Welcome to the first Governor's newsletter for this academic year.

#### New parents evening

It was indeed a warm welcome that greeted the prospective new parents to Summerlea on  $17^{\text{th}}$  and  $18^{\text{th}}$  of October. We had a 'full house' and standing room only for the presentation given by Mrs Morris, Mrs Conrad and Miss Camble in the evening. However, the highlight of the entire event was the presentation given by the year 6 pupils to the parents. They were a credit to the school and demonstrated what it means to be a Summerlea pupil. A huge thank you is also due to the staff that attended and supported the prospective parents as well.

#### Parent consultation evenings

Mrs Osborne and I were able to meet with parents at the consultation evening held on the 30<sup>th</sup> of October. There were some lovely comments made about pupils' accomplishments; many parents were happy with the feedback they received. Thank you to the parents who completed the survey on Parent View. This is an important part of the monitoring work we undertake as a school. The results of this survey give us clear information about your opinions and what we can do to improve as a school. During this evening, we were also selling items on behalf of the school to raise money for Children in Need. We do not know the exact total yet; however, through the generosity of parents, we will have made a substantial amount for this charity.

#### Performance data

One of the key areas parents were asking about in the survey we took last academic year was around school performance data. As you know, we keep you up-to-date with the latest information on a termly basis via our letters. You will have seen that the Rapid Improvement Plan made a significant difference to Key Stage 2 outcomes in maths and writing. As Mrs Morris would be the first to say, we are not complacent about this improvement but are pleased to show that where changes have been made they have had good impact. This hard work throughout the year by the entire school staff will, of course, continue and we will send out information to keep parents in the picture about the continued improvements being made across the school. We, as governors, know that all members of staff are constantly striving for great outcomes for our pupils.

#### New governors

We have been very happy to welcome two new governors to our team. Mr Dave Burrows (Y3 Chestnut Class Teacher and Lower Key Stage 2 Phase Leader) has become a Co-opted governor. He takes over from Miss Camble who gave a lot of her time to support the governing body over the last 4 years. We also welcome Mrs Sue Meekings as Local Authority governor. Sue is a retired head of a special school and has many years of experience. We are very thankful for her interest in becoming a governor at Summerlea and look forward to working with her to continue to strengthen the skills of the board.

#### **Fun**

Normally we discourage pupils from attending school when they have 'dirty' faces and very raggedy clothes, however, when we realised they were pirates we forgave them! I was especially pleased to have met pirates with so many dreadful names! It seems that an enjoyable day was had by all in Year 2 and I am sure led to some great memorable learning. I was also in awe of the staff that supported a Year 3 sleepover at school one Friday evening. I am wondering if the children and staff have recovered yet?! There are so many great learning opportunities for pupils offered through the Summerlea curriculum and it would be virtually impossible to mention them all here. Again, I am reminded of the dedication of teachers, learning support assistants, support staff and parent helpers who give up their own time to make these events and educational opportunities happen.

#### **Volunteers**

The above leads nicely onto the parents who volunteer their time to the school in terms of the Friends of Summerlea School (FOSS) who run discos and other activities to raise money for the school. I know they are always looking for support and if you are able to help them in any way please kindly contact the school office and they can give you contact details, otherwise you can find contact details on the school website. Thank you, too, to the parents who come into school to help with reading and other activities. It makes a huge difference to the children.

#### Season to be jolly

So the countdown to Christmas begins. I know this is so because the television adverts have changed. However, for some families this is a hard time of the year. We are very mindful of the growing needs of the community in West Sussex and remind everyone that the foodbanks are always in need of supplies. The Littlehampton Foodbank website has details of how you can help. Please see <a href="https://littlehamptondistrict.foodbank.org.uk/">https://littlehamptondistrict.foodbank.org.uk/</a> for more information. I know the Summerlea community are very generous and if you feel you can help then the foodbank would be very grateful. Other Foodbanks also collect in store at Sainsburys.

Best wishes, Bev Crowter (Chair of Governors)

£2.35

Thursday 13th December

# Festive Menu

# Choose a main meal...

Roast Turkey with Stuffing, Cocktail Sausage & Gravy

or

Quorn Fillet with Stuffing Ball & Gravy

# on the side...

Roast Potatoes
Peas and Carrots

for dessert... Chocolate Dipped Shortbread

or

Fruit Salad

for a drink

Fruit Squash

Milk

Water

To enjoy our festive-inspired day, please order at www.mealselector.co.uk by Sunday 2nd December







# **Coping with** your low mood



# 9 Common Causes of Low Mood



www.bwcharity.org.uk





Family problems and arguments





Loneliness





problems

Physical health



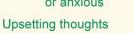




# Symptoms - Mind and Body

#### **Psychological**

Frightened, worried or anxious



Guilt



Lack of interest and motivation

Isolating yourself

Sad and tearful

# **Physical**

Aches and pains

Self-harm



Changes in appetite

Tired

Disturbed sleep

# 8 Ways To Help Yourself Feel Better



Spend time with a friend



Avoid drugs and alcohol



Keep active



Listen to music, draw, read or write a diary



Sleep well every night



Speak to an adult (parent, teacher or health worker)



Eat healthily and regularly



Plan something to do each day

# Places where you can get more help



Youngminds.org.uk Youthhealthtalk.org Childline.org.uk; 0800 1111 Samaritans.org; 116123



**Books** 

For a list of helpful books: Reading-well.org.uk



Contact a parent, teacher or:

Produced by The Bank Workers Charity in collaboration with Mina Fazel and Tamsin Ford

www.bwcharity.org.uk

# Enjoy Christmas in Rustington

Saturday 8th December 2018 | 10am-4pm

- **\* Window Dressing Competition**
- **\* Craft and Market Stalls**
- \* Children's Rides
- \* Santa's Grotto
- \* Carol Singers

A fantastic range of high street stores plus FREE parking for up to 3 hours!

With thanks. Rustington would like to show their appreciation to STORE PROPERTY, RUSTINGTON PARISH COUNCIL, RUSTINGTON CHAMBER OF TRADE AND COMMERCE and LITTLEHAMPTON DISTRICT LIONS CLUB for all their hard work and dedication.