



WEST SUSSEX COUNTY COUNCIL
SUMMERLEA C.P. SCHOOL

Windsor Drive, Rustington
West Sussex, BN16 3SW
Headteacher: Mr J Todd
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'Growing thoughtful learners and independent thinkers'

Friday, 26 January 2024

Good afternoon

Sorry that I haven't seen you on the gate for the past two days, I am currently at a headteacher's conference which spanned Thursday and Friday this week. It has been strange being out of school for what seems an age, but I have kept in touch and we have had another very good fortnight at the school.

It was lovely to hear about the 'huge' team of year 5 and 6 athletes performing so well during the indoor athletics last week and for some of the years 1 and 2 children playing football for Summerlea yesterday, Lots of these children are representing the school for the first time and to hear that they have all done it with such passion and enthusiasm is wonderful news.

Before half term, I hope to be able to share with you the conversion date for us to officially become part of the Schoolsworks trust. I have been doing lots of work behind the scenes and we are very well prepared for the transfer. Like I have said previously, for you and your children's everyday experience of Summerlea, very little will change, we will just have an extra layer of support to help us continue to drive forward with our improvement journey.

We are having some exciting building work taking place in the school over the next month. We hope to have a new library, meeting room, intervention room and some brand new IT equipment in the near future and we are also having a large number of our external doors and windows replaced and improved. Mr Strong has scheduled in lots of work in the half term to minimise disruption to any learning and all of these developments will have a hugely positive effect on our learning environment. When they are fully functional, I will share some photos of these exciting changes.

Enjoy your weekend and I will see you all nice and early on Monday morning.

Mr Todd



Online Safety

The things social media influencers do and say online can be quite impactful. Around a third of children and young people think that, because the influencer is a 'celebrity', what they share is always good. But we know that isn't the case, sometimes it can be advice based on pseudo-science, selling something because they've been paid to and much more. Internet Matters have a great article where various specialists offer advice and guidance to parents/carers to help them to teach their children to think critically about social media influencers. You can find the article here: <https://www.internetmatters.org/hub/question/how-influencer-culture-affects-young-people-online/>.

Mental Health & Wellbeing

Parent Workshops from CAMHS:

The Child and Adolescent Mental Health Service (CAMHS) have produced a series of pre-recorded webinars for parents and carers. The topics cover a range of difficulties that young people may be experiencing.

Each workshop gives an overview of a specific difficulty and also some hints and tips on how young people can be supported. There are also links to some resources that you may find helpful, either while you are waiting for CAMHS treatment, or as an alternative to CAMHS. <https://www.sussexcamhs.nhs.uk/resources/resources-for-families-carers-and-professionals/parent-and-carer-workshops?open=15829#single-accordion-15829>

Raising Teens:

A number of West Sussex colleagues from both the SEND and Inclusion Service and Public Health have been involved in the latest series of Raising Teens on BBC Radio Sussex, as part of a project by Make Good Trouble.

<https://www.makegoodtrouble.co.uk/our-work/raising-teens/raising-teens-series-five/>

The series is aimed at parents of teenagers, but is an excellent source for anyone supporting this cohort of young people. The topics covered this series are:

- Accessing Mental Health Services
- Supporting Adolescent Trauma
- Eating Disorders
- From Teen to Adult
- Neurodiversity in Teens
- School Support for Mental Health

West Sussex Mind and YMCA Downlink are offering a Free online session for parents who have concerns around youth self-harm. Please book using the link:

<https://www.eventbrite.co.uk/e/free-online-session-for-parents-or-carers-concerned-about-youth-self-harm-tickets-795205670567?aff=oddttdtcreator>

Information from the DfE: Guidance on measles outbreaks

There have been recent localised outbreaks of measles centred around the West Midlands. There is a risk of further outbreaks in other areas unless urgent action is taken to increase Measles, Mumps and Rubella (MMR) vaccination take up in areas with low MMR vaccine rates. Measles spreads very easily among those who are unvaccinated, especially in nurseries and schools. The best protection against measles for children and adults is to get both doses of the MMR vaccine. It is never too late to have these vaccinations.

The following UKHSA guidance is available on [GOV.UK](https://www.gov.uk):

- [Health protection in children and young people settings, including education - GOV.UK \(www.gov.uk\)](https://www.gov.uk/guidance/health-protection-in-children-and-young-people-settings-including-education)
- [Managing outbreaks and incidents - GOV.UK \(www.gov.uk\)](https://www.gov.uk/guidance/managing-outbreaks-and-incidents).

The NHS also has the following advice for parents on measles:

- [Measles - NHS \(www.nhs.uk\)](https://www.nhs.uk/conditions/measles/)

DfE has published an [Education Hub blog](https://www.gov.uk/guidance/education-hub-blog) with guidance on measles and the MMR vaccine for parents, nurseries and schools.

Summerlea CP School

Calendar of School Events

TERM DATES FOR THE ACADEMIC YEAR 2023-24

Spring term: Tuesday 2nd January to Thursday 28th March

Half-term: Monday 12th February to Friday 16th February

Summer term: Monday 15th April to Tuesday 23rd July

Half term: Monday 27th May to Friday 31st May

INSET days: Tuesday 2nd January

Wednesday 3rd January

Monday 15th April

Monday 3rd June

Spring Term 2024

The following dates and events are provided to give you an overview for this term. There are likely to be alterations and additions as we go along, and we will notify you of these in the usual way, either by using ParentMail, Class Dojo, by sending home a letter or via our website.

February 2024		
Friday	02	Year 5 World Maths Championships
Tuesday	06	Safer Internet Day
Thursday	08	Year 1 Teddy Bear's Picnic
Mon - Fri	12 - 16	HALF TERM
Monday	19	Year 2 Rainbow Theatre
Mon - Fri	19 - 23	Year 6 Bikeability
March 2024		
Thursday	07	Class Photographs
Friday	08	World Book Day
Mon & Tues	18, 19	Parent Consultation Evening 3.30 – 5.00pm
Thursday	21	Parent Consultation Evening 3.30 – 5.00pm

Thursday	28	End of Term
Fri 29 March – Fri 12 April – EASTER HOLIDAY		
April 2024		
Monday	15	INSET DAY
Tuesday	16	Start of Summer Term



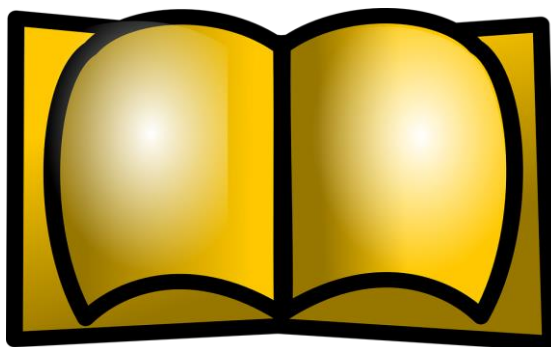
Summerlea Superstars

Weeks Ending: 19th and 26th January

Values Awards

Maple	N/A	N/A	Maple	Junior S	Lena R
Willow	N/A	N/A	Willow	Charlie J	Joey P
Holly	Mason B	Ava-Marilyn -D	Holly	Harry C	Millie A
Oak	Bella-Rose L	Aria S	Oak	Archie D	Izzy P
Hawthorn	Charlie R	Lola C	Hawthorn	Oliwier G	Liara SC
Cedar	Aatheesh S	Leon P	Cedar	Alaska-Rose J	Billy H
Redwood	Charlotte H	Olivia G	Redwood	Theo E	Freddie T
Chestnut	Hallie L	Kamil S	Chestnut	Blossom R	Rupert P
Elm	Anasatsia G	Leaxi-Anne H	Elm	Jake H	Connor A
Beech	Katie B	Harry J	Beech	Elsa H	Eleanor L
Juniper	Eva P	Arthur K	Juniper	Theo B	Oliver B
Sycamore	Savanah H	Willow S	Sycamore	Saffy P	Max K
Rowan	Zena G	Jack C	Rowan	Frankie L	James H
Aspen	Teagan S	Elise H	Aspen	Mollie B	Marshall L

The Gold Book



KS1

Liara SC

Elida Z

KS2

Isla S

Olly M

MEASLES

Don't let your child catch it

– get them vaccinated with the MMR vaccine

Measles symptoms include: high fever; sore, red, watery eyes; coughing; aching and feeling generally unwell; a blotchy red brown rash, which usually appears after the initial symptoms.

The number of young people catching measles has risen. It's never too late to be vaccinated. You need two doses of MMR one month apart to be fully protected against measles, mumps and rubella.

It's time to make measles a disease of the past.

If you have symptoms of measles, stay at home and phone your GP or NHS 111 for advice. **STAY AWAY** from GP surgeries and A&E departments – you could spread the illness to others.



LIFE JACKET LIBRARY



**You can now borrow
LIFE JACKETS
from Summerlea School!**

Thanks to The Lucas Dobson Campaign and Specialist Group International, we now have various sizes of children's personal floatation devices available to borrow for up to 2 weeks.

Please speak with a member of the office team if you would like make your reservation!

All life jackets should be returned to Summerlea School at the end of use.



RUSTINGTON MUSEUM

FREE EVENT

Valentine's Day and Spring crafts

Tues 13 & Thurs 15 February

Drop-In between 10am - 1pm

SEND Weds 14 February

10am - 1pm

(booking required for the SEND Sessions)

Tel: 01903 788478

museum@rustingtonpc.org





**£18 per
Family**



Goodwood Education Trust: Forest Adventures Family Day

Please join us for one of our Goodwood Education Trust Family Fun Days. A wonderful opportunity for our young people on the neurodevelopmental pathway and their families to access a range of outdoor activities in a fun and relaxed environment.

Activities: Fire lighting and Smores, Hapazome, Wood Cookies and Nature Detectives*

Please wear appropriate clothing, footwear and bring a packed lunch for the day

***Please note: activities are subject to change**



Date: Saturday 27th January, 11am-3:30pm
Venue: Goodwood, Chichester, West Sussex,
PO18 0QF

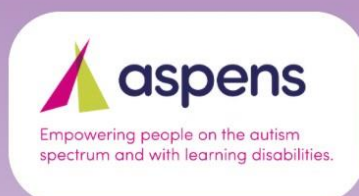
Booking is essential, please contact:
wsxbookings@aspens.org.uk



aspens.org.uk

Charity no: 1171446





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Activities: Fire lighting and Smores, Hapazome, Wood Cookies and Nature Detectives*

Please wear appropriate clothing, footwear and bring a packed lunch for the day

*Please note: activities are subject to change



Date: Saturday 24th February, 11am-3:30pm
Venue: Goodwood, Chichester, West Sussex,
PO18 0QF

Booking is essential, please contact:
wsxbookings@aspens.org.uk



aspens.org.uk

Charity no: 1171446





West Sussex Young People's Service



February Half Term Programme 2024

Monday 12th	Arun School Holiday Club 8+ Session 1 10:00-13:00 Session 2 13:30-16:30	Felpham, Arun
Monday 12th and Tuesday 13th	EMPOWER Programme 8-11 years 09:30-12:30 12+ 13:00-16:00	Shoreham, Adur
Wednesday 14th	Teens Community Group 14+ Brighton Sealife via Train 10:00-15:00	Meeting at Angmering Station
Wednesday 14th and Thursday 15th	EMPOWER Programme 8-11 years 09:30-12:00 12+ 12:30-16:30	Chichester
Wednesday 14th	Crawley Youth Club 14+ 17:00-19:00	Broadfield, Crawley
Thursday 15th	Mid Sussex Holiday Club 8+ 13:00-16:00	Haywards Heath
Friday 16th	Arun Forest School 8+ 10:00-14:00	Angmering, Arun
Friday 16th	Arun Youth Club 14+ 17:00-19:00	Felpham

Our school holidays programme has been designed specifically for young people under 18 on the neurodevelopmental pathway (including but not exclusive to SEMH, ASC, ADHD).

To book a place please scan the QR go to
<http://wsxshortbreaks.aspens.org.uk>



Enjoy archery, fencing, football, basketball, tennis,
hockey, athletics, dance, dodgeball and more!

12 - 16
FEBRUARY



FEBRUARY HALF TERM CAMP



£25

EARLY BIRD
PRICE

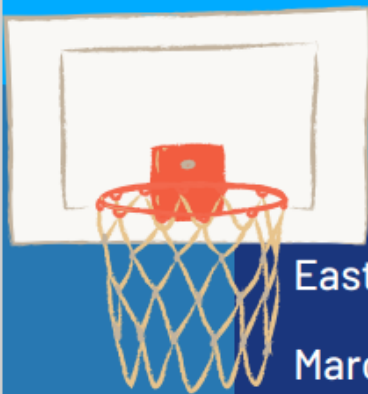


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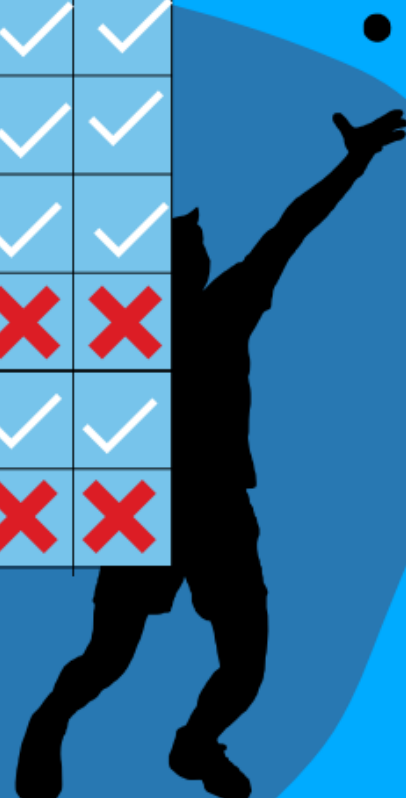
admin@jc-sportsonline.com

www.jc-sportsonline.com



PLEASE SEE THE STEPS BELOW ON HOW TO SECURE
YOUR SPACE

	M	T	W	T	F
East Preston	✓	✓	✓	✓	✓
March	✓	✓	✓	✓	✓
St Bartholomews	✓	✓	✓	✓	✓
Whiteley	✓	✓	✓	✓	✓
Rose Green	✓	✓	✓	✗	✗
Berewood	✓	✓	✓	✓	✓
Steep	✓	✓	✗	✗	✗



**Half Term Camps -
MONDAY 12th- FRIDAY 16th
February**

BOOK HERE



Use the QR located here to book your space
at our February Half Term Camps.

Alternatively head over to our website at
www.jc-sportsonline.com and click the
holiday activities to find the booking link



HAPPY EASTER

Easter Treat

Thursday 28th March

Order now on parentpay.com

MAINS

Beef Burger

Veggie Bolognese

Jacket Potato & Baked Beans

SIDES

Rainbow vegetables or Salad

DESSERT

Lemon Easter Cupcake

Scan QR code to order

No later than Thursday 14th March

*Special diets will remain in place.



SUPPORTING THE WELLBEING OF POLISH PUPILS



Online events

SESSION 1 SCHOOL STAFF

Understanding the cultural context of mental health and emotional wellbeing for Polish pupils. Session will include ideas and recommendations about things we can do to support Polish pupils to talk about their wellbeing and to seek help when needed.. Led by Kasia Racey, Mental Health Outreach and Development Worker for Polish Community, West Sussex Mind. <https://www.eventbrite.com/o/west-sussex-mental-health-and-wellbeing-in-schools-55331366173>

24/1/24
10am-11am

or
30/1/24 2pm-3pm

**BOOKING LINK
FOR SCHOOLS**



SESSION 2 POLISH PARENTS AND CARERS

Session aimed at Polish parents and carers to help them to support their children's mental health and wellbeing and also to understand the services available in West Sussex. . Led by Vik Machin (Schools and Colleges Mental Health and Emotional Wellbeing Advisor and Kasia Racey (Mental Health Outreach and Development Worker, Polish Community, West Sussex Mind).

Sesja skierowana do polskich rodziców i opiekunów, aby pomóc im wspierać dobre samopoczucie i zdrowie psychiczne ich dzieci, a także zapoznać się z ofertą usług dostępnych w West Sussex. Prowadzona przez Vik Machin (Doradca ds. Dobrego Samopoczucia i Zdrowia Psychicznego w Szkołach i College'ach) i Kasię Racey (Konsultant ds. Społeczności Polskiej w West Sussex Mind).

20/2/24

<https://www.eventbrite.com/e/744532325227?aff=oddtcreator>

7pm - 8pm

**BOOKING LINK
FOR PARENTS**



**LINK DO
REZERWACJI DLA
RODZICÓW**

BOOKING LINK FOR SCHOOLS



Online events

SCHOOL STAFF

Session 1: Understanding the context of mental health for Ukrainian pupils. Including the experience pre and post the full-scale invasion of Ukraine. Session will include ideas and recommendations about things we can do in the classroom to be mindful of the Ukrainian experience. Led by Vlada Bondar, mental health outreach and development worker for Ukrainian community, West Sussex Mind.

24/1/24
2pm-3.30pm
or
30/1/24 10am-11.30am

Session 2: Exploring the impact of trauma on pupils from refugee backgrounds. Session will include ideas about things we can do in the classroom to support the experience of refugee pupils, particularly from the Ukrainian community. Led by Dr Leanne Pickering (Educational Psychologist) and Vik Machin (Schools and Colleges Mental Health and Emotional Wellbeing Advisor).

21/2/24
10am-11.30am

Session 3: Looking at vicarious trauma and how professionals can use the concept of self-compassion to protect their own wellbeing when working with children from refugee backgrounds. Led by Dr Leanne Pickering (Educational Psychologist) and Vik Machin (Schools and Colleges Mental Health and Emotional Wellbeing Advisor).

28/2/24
10am-11.30am

<https://www.eventbrite.com/e/744532325227?aff=oddttdtcreator>

UKRAINIAN PARENTS AND CARERS

Session aimed at Ukrainian parents and carers to help them to support their children's mental health and wellbeing and also to understand the services available in West Sussex. Led by Vik Machin (Schools and Colleges Mental Health and Emotional Wellbeing Advisor) and Vlada Bondar (Ukrainian Community Link Worker, West Sussex Mind).

Сесія для українських батьків та опікунів, щоб допомогти їм підтримувати психічне здоров'я та благополуччя своїх дітей, а також зрозуміти, яка психологічна підтримка для дітей доступна в Західному Сассексі й куди звертатися в разі потреби. Під керівництвом Вік Мачін (радник з питань психічного здоров'я та емоційного благополуччя шкіл і коледжів) та Владі Бондар (працівниця з питань ментального здоров'я української громади, West Sussex Mind).

Зареєструватися можна за QR кодом нижче. Якщо в вас виникають проблеми з реєстрацією, напишіть (можна українською) Владі на vlada.bondar@westsussexmind.org

27/2/24
7pm - 8pm

<https://www.eventbrite.co.uk/e/744145147167?aff=oddttdtcreator>

BOOKING LINK FOR PARENTS



ПОСИЛАННЯ НА
БРОНЮВАННЯ ДЛЯ
БАТЬКІВ





BEE READY FOR THE BEES

BEE CREATIVE

Enter our competition and design a colourful 3D flower garden for bumblebees to feast on when they come out of hibernation.

Use our A4 poster template to draw your design and then make it 3D by adding bits of material, paper, wood, card, buttons or anything else you have! Once you've designed your entry, hand it in to have a chance of winning a flower garden starter kit for your classroom.

The bees will be
extra hungry when
they come out of
hibernation.



please recycle this
poster after use

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Chartwells
Schools



Bumblebee
Conservation
Trust