

# Year 5 Daily Activities-Week 10 Day 5 - 19.06.20

Hello Year 5, we hope that you are all well. How have you been getting on with your random acts of kindness? It's been lovely to hear all of the kind things you have been doing to help others on Class Dojo - keep them coming!

Tomorrow is a very special day - It's Viviana's birthday! We hope the sun shines and that you have a super day celebrating Viviana! 😊

We hope that you all have a lovely weekend - keep safe 😊

## Maths


Today we would like you to do the BBC Bitsize Challenges using the link on Class Dojo or the school website. Activities 1, 2, 3, 4 and 5 are suggested for Year 5 - but have a go at as many as you would like to!

Don't forget to continue login into TTRockstars and My Maths!

## English - One Chance

Look at the table on page 12 of the Talk for Writing booklet - Similar meaning or opposite meaning. Complete the table investigating words that are similar (synonyms) or opposite (antonyms or near antonyms).

Now have a go at the challenge at the bottom of the page. Can you circle the words that are the strongest alternatives in each box?

*irate*      *cross*      *livid*      *furious*  
'weaker'            'stronger'



## PE - You choose!

For your PE activity today you can choose which activity (ies) you would like to do. Choose from the following...

- Join in with a work out with Joe Wicks, <https://www.youtube.com/user/thebodycoach1/featured>
- Jumpstart Jonny <https://www.jumpstartjonny.co.uk/home>
- Comic Kids Yoga [www.youtube.com/user/CosmicKidsYoga](http://www.youtube.com/user/CosmicKidsYoga) or search for them on You Tube with a grown up.
- Go Noodle - Sign up for free access to the website <https://www.gonoodle.com> or search for them on You Tube with a grown up. Now have a go at creating your own dance up to some of your favourite music.
- How many football keep-ups can you do in one go? Can you beat the number you achieved last week.
- How many times can you bounce a ball on a racquet? / Hula hoop? Skip?
- Create an obstacle course in your garden / in an open space
- Create a sequence of 6 different exercises. Don't forget to add a warm up and a cool down. Ask someone in your house to do them with you and give you feedback on what they liked, and what you could do to improve it further.

Can you think of a different activity that you would like to do? Let us know and we can add it to the list 😊

