



WEST SUSSEX COUNTY COUNCIL

# SUMMERLEA C.P. SCHOOL



WINDSOR DRIVE, RUSTINGTON

WEST SUSSEX, BN16 3SW

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***'Growing thoughtful learners and independent thinkers'***



Wednesday 16<sup>th</sup> December 2020

Dear Parents and Carers

Firstly, I would like to say a huge thank you to you all for your tremendous support throughout this term, during these unprecedented times. Thank you also to all of the staff for their continued hard work and commitment to our school and to our governors who have offered ongoing support. And, of course, a big thank you and well done to the children who have returned to school brilliantly and make us so proud.

As well as sharing some news in this letter, I also want to ensure all parents are aware of the procedures to be followed should we have a confirmed positive case of coronavirus during the Christmas holidays. Please ensure you read the information below carefully.

## Department for Education (DfE) end of term advice for schools

The DfE have recommended all schools ensure staff, parents and carers are aware of the following information and relevant arrangements regarding positive cases in the holidays:

- Where a pupil or staff member tests positive for coronavirus (COVID-19), having developed symptoms more than 48 hours since being in school, the school should not be contacted. Parents and carers should follow contact tracing instructions provided by NHS Test and Trace.
- For the first 6 days after teaching ends, if a pupil or staff member tests positive for coronavirus (COVID-19), having developed symptoms within 48 hours of being in school, the school is asked to assist in identifying close contacts and advising self-isolation, as the individual may have been infectious whilst in school.
- School staff are not asked to remain on-call or conduct any contact tracing more than 6 days after the final day of teaching. Where a school's last teaching day is on Thursday 17 December, there should be no pupil contact tracing asks beyond Wednesday 23 December.
- For the first 6 days after the end of term, schools are not asked to be on-call at all times. Staff responsible for contact tracing may designate a limited period in the day to receive notification of positive cases and advise close contacts to self-isolate (this can be done by text or email). The Department for Education coronavirus (COVID-19) helpline and



PHE advice service are available to support with any queries you have about positive cases in your school.

- Where pupils are required to self-isolate due to contact with a positive case after the first 6 days following the end of term, schools do not need to be informed about their absence until the first day of the new term.

Should your child test positive after 17<sup>th</sup> December up until Wednesday 23<sup>rd</sup> December then please report this via the following dedicated email address:

[covidpositivetest@summerleaschool.co.uk](mailto:covidpositivetest@summerleaschool.co.uk)

Please provide the following information:

- Child's name
- Date of birth
- Home address
- Year group
- Name and contact number of reporting parents/carers
- Date first symptoms appeared
- Date test completed
- Date positive test result received

Please note this is for positive tests results only and not for the reporting of symptoms.

Parents will be contacted via ParentMail and Class Dojo as appropriate, so please ensure you are registered with these communication platforms. If you need help to join please contact the office.

We will pass on advice received from Public Health England (PHE) and you will be able to contact the regional public health team if you have any questions.

Public Health England guidance states that for most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the [nhs.uk](https://www.nhs.uk) website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

Please remember to:

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards.

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

## Department for Education coronavirus helpline – holiday hours

The Department for Education coronavirus (COVID-19) helpline and the PHE Advice Service (option 1) will be available over the holidays to answer any questions you have about coronavirus (COVID-19) relating to education settings and children's social care. These helplines will, however, close on the bank holidays, and have shortened opening hours on Christmas Eve and New Year's Eve.

Phone: 0800 046 8687

Opening hours:

24 December – 8am to 4pm  
25 to 28 December – Closed  
29 to 30 December – 8am to 6pm  
31 December – 9am to 4pm  
1 January – Closed  
2 to 3 January – 10am to 6pm

Until 24 December, the helpline opening hours are:

Monday to Friday from 8am to 6pm  
Saturday and Sunday from 10am to 6pm

## Celebration of Learning presentations

Years 1 to 6 have each created stunning presentations of their learning journeys this term. These are now available to view via our website by going to: <https://www.summerlea.w-sussex.sch.uk/> > News and Events > Celebration of Learning > Autumn 2020. The presentations are a fantastic way to celebrate our creative curriculum and the memorable learning experiences that have taken place through the different topics and big questions explored. Congratulations and thank you to the staff and children for all they have achieved.

## EYFS nativity

Our Reception children have done a great job of acting, dancing and speaking in our first ever virtual nativity! Well done to them all and thank you to the EYFS team for making this happen and to parents for your support with costumes etc. A special thank you to Miss Camble for her technological skills – a real labour of love! The nativity will be available to view via our website later today by going to <https://www.summerlea.w-sussex.sch.uk/> > News and Events > EYFS Nativity 2020.

## Cowbell assembly

Filming of the Christmas Cowbell assembly took place last week and will be shared with the children tomorrow. This will also be available to view via our website by going to:

<https://www.summerlea.w-sussex.sch.uk/> > News and Events > Cowbell Assembly

Well done to all of the children that entered – the array of talents and interests never fail to amaze me!

## Parent focus group

Thank you to everyone who completed the parent focus group survey on our website. Further details will follow in the New Year but our next session will be on the theme of pupil progress and will take place on Wednesday 27<sup>th</sup> January at 9.30am via Zoom so please save the date!

## After School Care Club (ASCC)

A reminder that ASCC will not be open tomorrow (Thursday 17<sup>th</sup> December) as it is the last day of term. I have been pleased to see the numbers of children attending ASCC growing over the past few weeks. A reminder to all parents to please consider using ASCC if you require

childcare as it is important we fill as many places as possible to ensure the viability of this club. If you require childcare at short notice or on an ad hoc basis then please do give us a call as we will more than likely be able to help.

#### Staggered start and finish times

These will remain in place next term as per current guidance as follows:

8.30-8.40am EYFS and Year 1 and 2

8.40-8.45am Year 3 and 4

8.45-8.50am Year 5 and 6

2.40-2.50pm EYFS and Year 1 and 2

2.50-2.55pm Year 3 and 4

2.55-3.00pm Year 5 and 6

We currently have no plans to bring the start of the day forward. This is because most support staff (Learning Support Assistants) are not contracted to start work until 8.30am and currently additional adults are required in each year group bubble to supervise handwashing.

The one-way system will also remain in place and we will continue to strongly encourage parents to wear face coverings.

#### INSET days

School is closed this Friday 18<sup>th</sup> December due to INSET. Dates of our remaining two INSET days for this academic year are Monday 22<sup>nd</sup> February and Monday 7<sup>th</sup> June 2021.

Finally, I wish you and your families a very safe and happy Christmas and a healthy New Year and I look forward to seeing you and your children on Monday 4<sup>th</sup> January 2021.

Yours sincerely

*Helen Morris*

Mrs Helen Morris  
Headteacher



## **Autism and Girls**



## **Communication on the Autistic Spectrum**



## **Coping with Meltdowns and Shutdowns**



## **Social Anxiety in Young People**



## **Understanding Friendships and Other Social Relationships**

If any of the above West Sussex Mind up and coming virtual learning events are of interest to you, please find out more via the following leaflets. You can book via the link below:

<https://www.eventbrite.co.uk/o/west-sussex-mind-8288439768>

The majority of West Sussex Mind virtual learning events are:



Small (around 10-20 people) and interactive so people have the opportunity to chat, share experiences/concerns and ask questions.



Tickets are only £5 for parent/carers.



West Sussex Mind also runs free E-Learning and access to autism webinars from The Curly Hair Project (via their website):

<https://www.westsussexmind.org/training-courses/online-training/anytime-learning>

# Coping with Meltdowns and Shutdowns

## A VIRTUAL WORKSHOP FOR PEOPLE LIVING AND WORKING WITH CHILDREN AND YOUNG PEOPLE IN WEST SUSSEX

Meltdowns and shutdowns can be very distressing for children or young people on the autistic spectrum as well as the people supporting them.

Children or young people with autistic spectrum conditions can become easily overwhelmed by a range of sensory, social, environmental and emotional triggers which can lead to upsetting meltdowns or shutdowns.

It is important for the people caring for them to know the difference between a meltdown and shutdown and how to respond appropriately to both.

Our virtual workshop on 'Coping with Meltdowns and Shutdowns' is delivered by Aspie Trainers, a project which supports autistic adults to design and deliver engaging, high quality autism training which mixes thorough and up-to-date research and theory with the practical lived experiences of the trainers themselves.

The trainers will share their own lived experience of meltdowns and shutdowns, explore ways in which you can reduce the likelihood of them occurring and identify ways to best support autistic young people during and after meltdowns and shutdowns.

**This workshop takes place on Thursday 14th January from 6pm to 8pm**

Tickets are only £5 due to funding from West Sussex County Council and West Sussex Clinical Commissioning Group or FREE for West Sussex school employees.

***Don't miss out - book your place today to avoid disappointment!***

**[Book Now](#)**

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**Our mailing address is:**

West Sussex Mind  
The Gateway  
8-10 Durrington Lane  
Worthing  
BN13 2QG

Tel: 07943 999792

Email: [training@westsussexmind.org](mailto:training@westsussexmind.org)

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## Virtual learning events for people living and working with children and young people in West Sussex

### Course Title

### Date and Time

Building Your Child's Self-Esteem

Tuesday 12th January | 10:00 - 12:00

Understanding Friendships and other Social Relationships (autism focus)

Tuesday 12th January | 18:00 - 20:00

Understanding School SEND Support, Statutory Assessment and EHCP's

Wednesday 13th January | 10:30 - 12:30

Social Anxiety in Young People

Wednesday 13th January | 18:00 - 20:00

Youth Mental Health First Aid Awareness

Thursday 14th January | 09:30 - 12:30

Meltdowns and Shutdowns

Thursday 14th January | 18:00 - 20:00

Living with Self-Harm (for professionals)

Friday 15th January | 09:30 - 12:30

Disordered Eating and Autism Related Food Issues

Monday 18th January | 10:00 - 12:00

Youth Mental Health First Aid (accredited)

19th / 20th / 26th / 27th January | 09:30 - 12:30

Autism, Self-Harm and Self-Injury

Thursday 21st January | 18:00 - 20:00

Behaviours of Concern

Tuesday 26th January | 10:00 - 12:00

Autism and Girls

Tuesday 2nd February | 10:00 - 12:00

Anxiety in Young People with Autism and Learning Difficulties

Tuesday 2nd February | 10:30 - 12:30

Behaviours of Concern - An Autistic Perspective

Thursday 4th February | 18:00 - 20:00





## Course Title

## Date and Time

Communication on the Autistic Spectrum

Monday 8th February | 10:00 - 12:00

Demand Avoidance

Tuesday 9th February | 10:30 - 12:30

Anxiety, Low Mood and Building Resilience in Young People

Tuesday 9th February | 18:00 - 20:00

Living with Self-Harm (for professionals)

Wednesday 10th February | 09:30 - 12:30

Social Anxiety in Young People

Monday 15th February | 12:00 - 14:00

Youth Mental Health First Aid (accredited)

15th / 17th / 22nd / 24th February | 13:00 - 16:00

Autism, Anxiety and Wellbeing

Tuesday 16th February | 10:30 - 12:30

Making Sense of ADHD

Tuesday 23rd February | 10:00 - 14:30

Disordered Eating and other Autism Related Food Issues

Wednesday 3rd March | 18:30 - 20:30

Autism, Self-Harm and Self-Injury

Thursday 4th March | 10:00 - 12:00

Understanding Friendships and other Social Relationships (autism focus)

Wednesday 10th March | 10:30 - 12:30

Behaviours of Concern

Wednesday 10th March | 18:00 - 20:00

Meltdowns and Shutdowns

Thursday 18th March | 15:30 - 17:30

Anxiety, Low Mood and Building Resilience in Young People

Friday 19th March | 10:00 - 12:00

Youth Mental Health First Aid (accredited)

23rd / 24th / 30th / 31st March | 09:30 - 12:30

Behaviours of Concern - An Autistic Perspective

Thursday 25th March | 10:00 - 12:00

Living with Self-Harm (for professionals)

Friday 26th March | 09:30 - 12:30

Autism, Anxiety and Wellbeing

Tuesday 30th March | 10:30 - 12:30

**BOOK  
NOW**

All our live workshops, e-Learning modules and webinars  
can be booked via our Eventbrite page

[www.westsussexmind.eventbrite.com](http://www.westsussexmind.eventbrite.com)