



WEST SUSSEX COUNTY COUNCIL

SUMMERLEA C.P. SCHOOL

WINDSOR DRIVE, RUSTINGTON

WEST SUSSEX, BN16 3SW

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'Growing thoughtful learners and independent thinkers'



Friday 28th January 2022

Dear Parents and Carers

I always think winter can feel endless with short and dark days. However, January seems to have flown by this year and it is good to see the lighter mornings and evenings gradually return. Over the next few weeks in school we have lots to look forward to, including International Day, e-safety week and Dragons' Den week!

Covid-19 update

As the government announces a move away from some of the key restrictions introduced last month to deal with the increasing challenge of the Omicron variant, we remain vigilant in regard to cases and risks.

As you will be aware from recent communications, we have seen a rise in suspected cases of Covid-19 in school since the return to school this term. This is similar to many schools across the county and we continue to report cases daily to the Department for Education and take advice from the Local Authority. Our risk assessment remains a 'living' document and I am monitoring case numbers closely on a daily basis. Should cases rise exponentially then we would implement our outbreak management plan and employ a bubble model. Key mitigation measures we are taking to minimise the risk to our school community include:

- Ventilation and CO2 monitoring
- Hand hygiene
- Face coverings
- Increased LFD testing
- Enhanced cleaning

A reminder that our Covid-19 risk assessment and outbreak management plan are published on our website under School Information > Covid-19 Risk assessments and outbreak management plan.

Changes to the self-isolation period

People who are self-isolating with COVID-19 have the option to reduce their isolation period after 5 full days if they test negative with an LFD test on both day 5 and day 6 and they do not have a temperature. For example, if they test negative on the morning of day 5 and the morning of day 6, they can return to their education or childcare setting immediately on day 6.



This change came into effect in England on Monday 17 January 2022 and applies to all positive cases, regardless of vaccination status.

The first test must be taken no earlier than day 5 of the self-isolation period, and the second must be taken the following day. All test results should be [reported to NHS Test and Trace](#).

If the result of either test is positive, they should continue to self-isolate until they get negative results from two LFD tests on consecutive days or until they have completed 10 full days of self-isolation, whichever is earliest.

Anyone who is unable to take LFD tests or anyone who continues to have a temperature will need to complete the full 10-day period of self-isolation.

Further [information on self-isolation for those with COVID-19](#) is available.

In a temporary change to government guidance, if you get a positive rapid lateral flow result you will [not need to take a PCR test to confirm the result](#). You must still self-isolate immediately if you get a positive rapid lateral flow test result.

You should continue to [report positive rapid lateral flow results on the GOV.UK website](#).

Anyone with any Covid-19 symptoms should still isolate immediately and book a PCR test.

Please visit [Coronavirus: how to stay safe and help prevent the spread - GOV.UK \(www.gov.uk\)](#) for a list of what has changed.

Be ready

One of our 'Key Three' (school rules) is to 'Be ready' and in particular to 'Be ready to learn'. An important part of being ready to learn is to be at school and arrive on time everyday. We have noticed that more recently we have increasing numbers of children arriving after 8.40am. As you know, we have a 10-minute rolling start from 8.30-8.40am to allow for all families to arrive in a timely manner. Registers are taken at 8.40am and lessons begin at 8.45am. If your child arrives after 8.40am they are late and need to be accompanied to the office where you will be asked to complete a late slip. Lateness can negatively impact learning and progress as well as children's mental health and well being as they are not arriving with and following the same morning routines as their peers which help children settle in and have a positive start to the school day. Gates will close promptly at 8.40am so please ensure your child arrives prior to this. Thank you for your support.

Staffing news

We are delighted to have appointed Ms Gorman as Nuffield Early Language Intervention (NELI) Assistant. NELI is a government recommended programme for EYFS children found to improve language and early literacy skills. Ms Gorman will be starting with us next week and will be working with identified children across Early Years. We look forward to her working with us over the next 14 weeks whilst this intervention is delivered.

Congratulations to Miss Black (EYFS Teaching Assistant) who has been appointed as a recruitment officer for fostering families. Although we are incredibly sad to be saying goodbye to Miss Black at the end of this half term, we know it is an opportunity she is very excited about and a role she will be brilliant at. Thank you Miss Black for all you have contributed to our school, children and their families – you have always helped to ensure our youngest children have the best possible start to their time at Summerlea. We are currently advertising for a full-time EYFS Teaching Assistant to start as soon as possible after February half term and I will let you know once we have made an appointment.

And finally, Mrs Strong will be returning to school next Tuesday 1st February. She looks forward to seeing lots of friendly faces and meeting our new children and their families too. Mrs Strong – we have missed you!

A few reminders

Pupil sickness and absence

In school we take great care to ensure pupils are fully cared for should they fall ill during the day. However, pupils should not be sent to school when they are clearly unwell. Similarly, if your child has suffered from diarrhoea and/or vomiting, we would not usually expect them to be in school for approximately 48 hours after the problem has ceased. In brief, if a child has to take Calpol, paracetamol, cough medicine, etc. before they feel well enough to come to school, then they should not be in school. If your child is going to be absent from school, please phone the school office as early as possible in the morning, enabling us to record their absence in the register. Please do not report sickness and absence via email or Class Dojo.

Allergies

As many of you will be aware, we have a number of children in our school with food allergies. Nut allergies are particularly common. For many children, the symptoms are mild. For others the reaction can be more severe resulting in collapse or unconsciousness; it is a life-threatening condition, although this is rare. As a school we have a duty of care to all pupils, and we therefore ask all families to be mindful of not sending food into school that may contain nuts; this may be as a snack, lunch or treats for the class. Often nuts or nut-based products are contained in food that you would not necessarily think about such as chocolate spreads / treats, as well as in baked goods and lots of vegetarian foods. If you would like further information please visit: <http://www.allergyuk.org> or <http://www.anaphylaxis.org.uk/>

PE kit

Please remember that on PE days children should come to school wearing PE kit as per our uniform policy (see below):

White t-shirt (with or without school logo)

Plain green / black / white shorts

Tracksuit (optional for outdoor PE in colder weather) Jogging bottoms/hoodies should be plain, dark colours (no logos or bright colours)*

Suitable footwear – plimsolls or trainers

*Year 6 pupils may wear their Year 6 leavers' hoodies on PE days.

Water

Please ensure your child only has water in their water bottle as per school policy. They may have squash or juice to drink with their lunch in a separate container but not in their water bottle. Water bottles can be re-filled in school and children have access to them in lessons so they can keep hydrated.

School sports kit

Please return school sports kit, once it has been washed, if your child has taken part in a LASP event after school. The PE team have invested in logoed sports kit and it is essential this is looked after and returned as soon as possible. If you have any questions or concerns about this then please contact Miss Funnell (sports coach).

Thank you for your support and understanding with these matters.

Wishing you a good weekend.

Yours sincerely

Helen Morris

Headteacher

*Lets get out, have a kick
about and Just Play*



AFC Littlehampton Women's Recreational Football

The Littlehampton Academy, Hill Road, BN17 6DG

Monday Evenings 7.30pm to 8.30pm

Astro Pitch next to the grass football pitches



Scan the code to book your place



Dear Parents and Carers,

The council has been able to secure funding for February Half Term with a focus on education and the curriculum in order to support pupils in their 'catch up learning' that receive Pupil Premium funding.

Our Holiday Camps offer a great way for children aged 5 to 12 year of age to be active with their friends in a fun and safe environment. It is an opportunity to try different activities, play new games and use equipment they may not normally use – like archery equipment. With a daily routine which mirrors a school day, it adds a familiar structure in what is often a child's first pathway into community sport.

As well as our standard Holiday Camp delivery, we will deliver our Personal Development programmes of Game of Actual Life (upper key stage 2 children) and Wellbeing. These give an opportunity to support children's learning in the key areas such as activities are age appropriate and participants will develop from application of Maths/English/Science/ PHSE skills, communication, teamwork and raising aspiration, developing pupils' character, giving qualities that they need to flourish in society, developing pupils' confidence and resilience so that they can keep themselves mentally healthy preparing pupils for the next phase of education.

The priority of this programme would be focussed on getting children physically active, working together as a team; and instilling good practices in Eat Well Sleep Well Live Well mantra. We want to give children the opportunity to be active, improve fitness, and most of all have fun in a safe and welcoming environment where they can take part in activities that they love or may not have done before.

Premier Education are extremely excited to offer our fully funded Holiday Courses this February half term in partnership with West Sussex County Council and four local venues -

- **West Park Primary School, Marlborough Road, Worthing, BN12 4HD**
Multi Activity, Performing Arts and Gymnastics: Monday 21st – Friday 25th February
- **Our Lady of Sion Senior School, Gratwicke Road, Worthing, BN11 4BL**
Multi Activity and Performing Arts: Monday 21st – Friday 25th February
- **Barnham Community Hall, Yapton Road, Barnham PO22 0AY**
Multi Activity: Monday 21st – Thursday 24th February
- **Chanctonbury Leisure Centre, Spierbridge Road, Storrington, RH20 4BG**
Multi Activity: Monday 21st – Thursday 24th February

All camps will run 9-4pm, with drop off from 8.30am for 5 – 12 year olds, single day bookings are available.

Please note these are not HAF camps 'Holiday Activities and Food Fund', these run Christmas, Easter and the Summer holidays so no food will be provided. Please provide children with a packed lunch.

Due to limited availability and high demand for places, it is essential that you notify us no less than 24 hours before your booking commences if your child is unable to attend. This will allow the club to offer your place to another child. If your child fails to attend a session that you have booked and you have not advised us further bookings may be cancelled. Failure to communicate that your child isn't attending could result in you being unable to book places under future WSCC funded programmes.

Please use the **unique booking links** below to access the booking pages for the venues and days you require. These courses will not be visible to the public on the family portal. We will cross reference all our registers with local schools to ensure all bookings are eligible.

Spaces are limited so please book quick to avoid disappointment!

West Park Primary School -

Multi Activities Holiday Camps

<https://family.premier-education.com/add-course/746802/>

Performing Arts Holiday Camps

<https://family.premier-education.com/add-course/746805/>

Gymnastics Holiday Camps

<https://family.premier-education.com/add-course/746807/>

Our Lady of Sion Senior School -

Multi Activities Holiday Camps

<https://family.premier-education.com/add-course/746796/>

Performing Arts Holiday Camps

<https://family.premier-education.com/add-course/746799/>

Barnham Community Hall - Multi Activities Holiday Camps

<https://family.premier-education.com/add-course/746792/>

Chanctonbury Leisure Centre - Multi Activities Holiday Camps

<https://family.premier-education.com/add-course/746794/>



February Half-term Holiday Camps

On our camps, our fully qualified coaches ensure every child is safe while they move, play and make new friends. Make their half-term fun, physical and one to remember!

BOOK NOW AT:

premier-education.com/holiday-camps

Follow us on social:

@PremEducationUK



★ Trustpilot 4.8/5



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Holiday camps near you

Worthing

West Park Primary
School, BN12 4HD
Multi Activities,
Performing Arts &
Gymnastics

Worthing

Lady of Sion Senior
School, BN11 4BL
Multi Activities &
Performing Arts

Barnham

Barnham
Community Hall,
PO22 0AY
Multi Activities

Pulborough

Chanctonbury
Leisure Centre,
RH20 4BG
Multi Activities

* Worthing Leisure Centre, BN12 4ET
Multi Activities Book directly with
Worthing Leisure Centre
www.southdownsleisure.co.uk

All camps 9-4pm drop off from 8.30am
£19.99 per day, single day bookings
Use online code WS25 for 25% off

Our Activity Professionals have additional training in order to provide the best care to the children under their supervision, specifically the Transcend Level 2 Award in Infection Prevention, Mitigation and Management.

In the event these courses are cancelled, we will issue a full refund within 7 days.

BOOK NOW AT:

premier-education.com/holiday-camps

Follow us on social:

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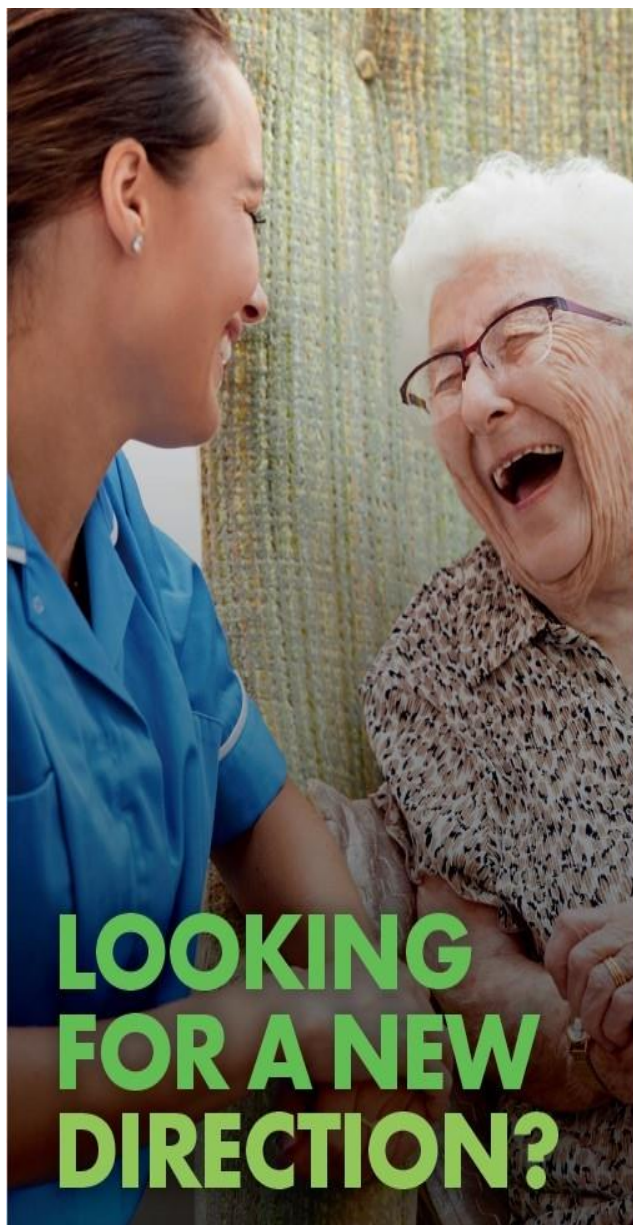
Please bring

- A packed lunch
- Plenty of water
- Suitable clothing for weather
- Lots of energy!

★ Trustpilot 4.8/5



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Sussex County Council supporting employment within
the local care sector.

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browser](#)

SPRING TERM EVENTS 2022

Dear Friends & Colleagues

Reaching Families are delighted to be able to share with you our training programme for the rest of the Spring term. Please see below for details of all of our training workshops and courses up until Easter.

For more details and to book a free place on any of the workshops or courses listed, please visit our Eventbrite page by clicking on the link for each event.

If you would like further information about all of the services we offer as well as access to our wide range of information resources please visit our [website here](#).

TRAINING WORKSHOPS

Making Sense of Challenging Behaviour (Age 2-11years)

Workshop aimed at parents and carers of children aged 2-11 years, exploring ways to respond to your child so that positive behaviour is encouraged and challenging behaviour is reduced.

Wednesday 2nd February 10.30am via Zoom

Making Sense of Adult Life – Supporting Adolescents

This workshop looks at various aspects of adolescence in young people with SEND, what should we expect and how we can help them through this period of transition to adulthood.

Covering topics including puberty, relationships, managing emotions and social skills.

Wednesday 9th February 7.30pm via Zoom

Understanding ADHD

This workshop will help parents and carers to understand ADHD and the impact it has on their child's relationships, behaviour and day-to-day life. Exploring strategies to support your child and sharing information on local resources that are available to you.

Thursday 10th February 10.30am via Zoom

Understanding Autism

This workshop will help parents and carers to understand Autism and social communication difficulties and the impact it has on their child's relationships, behaviour and day-to-day life. Exploring strategies to support your child and sharing information on local resources that are available to you.

Wednesday 16th February 10.30am via Zoom

Understanding Autism in Girls

Learn about the ways Autism presents differently in girls and how it can impact your daughter in the home, school and wider community. Exploring strategies to support your child and sharing information on local resources that are available to you.

Wednesday 2nd March 7.30pm via Zoom

Making Sense of Masking

This workshop will help parents and carers to understand and recognise the signs and impact of masking and explore strategies to help children and young people to 'unmask'.

Thursday 3rd March 10.30am via Zoom

Making Sense of Anxiety (Primary aged children)

An introduction to understanding anxiety in primary aged children, ways to support them, and tips for looking after yourself along the way.

Monday 7th March 7.30pm via Zoom

Making Sense of Challenging Behaviour in Adolescence

This workshop will explore how your young person's brain works, how hormones and puberty impact upon our children, how we can support them and respond to challenging behaviour to achieve positive outcomes.

Thursday 10th March 7.30pm via Zoom

Understanding Demand Avoidance

This session aims to help parents and carers by expanding their understanding of demand avoidance, the reasons behind the behaviour and providing relevant strategies for a child that has a demand avoidant profile.

Friday 11th March 10.30am via Zoom

Understanding Autism

This workshop will help parents and carers to understand Autism and social communication difficulties and the impact it has on their child's relationships, behaviour and day-to-day life. Exploring strategies to support your child and sharing information on

local resources that are available to you.

Wednesday 16th March 7.30pm via zoom

Understanding Autism in Girls

Learn about the ways Autism presents differently in girls and how it can impact your daughter in the home, school and wider community. Exploring strategies to support your child and sharing information on local resources that are available to you.

Monday 21st March 7.30pm via Zoom

Making Sense of Education Health Care Needs Assessments and Plans

This workshop provides an overview of the EHC needs assessment and what a good EHCP should contain, including requesting an assessment and reviewing an existing plan.

Thursday 24th March 10.30am via Zoom

Understanding ADHD

This workshop will help parents and carers to understand ADHD and the impact it has on their child's relationships, behaviour and day-to-day life. Exploring strategies to support your child and sharing information on local resources that are available to you.

Monday 28th March 7.30pm via Zoom

Understanding Sensory Processing Difficulties

Find out about different sensory processing difficulties in each of the eight sensory systems and learn about ways to help your child/young person.

Tuesday 5th April 10.30am via Zoom

Making Sense of Sleep (for children 2-11 years)

During this workshop we will look at what is sleep and identify the types of difficulties that some children experience, exploring ideas and strategies to help improve your child's sleep.

Thursday 7th April 10.30am via Zoom

TRAINING COURSES

Making Sense of It All - Foundation Course

This course has been designed to provide an introduction to all the key issues and challenges common to parents and carers. It aims to empower parents of children who are undergoing or have recently undergone diagnosis but it will be helpful to any parents who would like to learn more about how SEND processes work.

To book a place on one of the courses, please click on the relevant dates below.

Online morning course - three sessions via Zoom

Wednesdays March 2nd, 9th and 16th 10.30am – 12.30pm

Two day course - Broadfield Community Centre, Crawley

Wednesdays March 23rd and 30th 9.30am – 2.30pm

Making Sense of Wellbeing

This twelve session course includes a blend of wellbeing and mindfulness workshops and is designed to help you enhance your relationship with your child with SEND, build resilience, reduce stress and help you to relax.

Each session can be attended as a stand alone but we would encourage you to attend the whole course if able to.

Tuesdays 7.15pm - 8.15pm

Mindfulness: Finding peace in the storm - Tuesday 1st February

Wellbeing: Positive thinking - Tuesday 8th February

Mindfulness: You are not your thoughts - Tuesday 15th February

Wellbeing: Relaxation and self care - Tuesday 1st March

Mindfulness: Mind and body relaxation - Tuesday 8th March

Wellbeing: Managing anxiety - Tuesday 15th March

Mindfulness: Going with life's flow - Tuesday 22nd March

Wellbeing: Managing low mood - Tuesday 29th March

Mindfulness: Mood changing exercises - Tuesday 5th April

Free course delivered via Zoom please click on each session to book a place

If you would like more information about any of our services or we can help you in any way, please don't hesitate to get in touch with us at admin@reachingfamilies.org.uk.

FREE* HOLIDAY ACTIVITY SPORTS CAMP

*FOR PUPIL PREMIUM PUPILS

SEE BACK FOR BOOKING DETAILS

FOOTBALL - ARCHERY - CRICKET - FENCING - DODGEBALL

TENNIS - BASKETBALL - HOCKEY - ART 'N' CRAFTS

LACROSSE - BOARD GAMES - ATHLETICS

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EVERY DAY
FEBRUARY 20TH-25TH
8:30AM - 4:30PM