



WEST SUSSEX COUNTY COUNCIL

## SUMMERLEA C.P. SCHOOL

WINDSOR DRIVE, RUSTINGTON

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*'Growing thoughtful learners and independent thinkers'*



Friday 29th April 2022

Dear Parents and Carers

Welcome back to the summer term! I hope everyone had a good Easter break and that you were able to make the most of the good weather.

### The Queen's Platinum Jubilee

On Friday 27<sup>th</sup> May we will be celebrating the Platinum Jubilee of the Queen in school. This will be a FOSS non-uniform day with children invited to wear red, white and/or blue for a voluntary donation of £1, or whatever you would like to give. There will also be a best crown competition! We are inviting all of our children to design and make a perfect crown to be worn on the day. Our celebrations will also include performances by some of our dance squad members and music played by our young musicians. We are hoping that the weather will be kind so that we can celebrate together as a whole school on the field with a 'garden party' and children are invited to bring a small cake / scone / biscuit etc to enjoy during the afternoon. A few 'VIPs' from the community will also be invited to join us to celebrate this significant event in British history.

### Curriculum guides and homework

Curriculum guides and homework have been published today. Curriculum guides were sent out via ParentMail and homework in hard copy via the children. Hard copies of all documents are available from the main reception area and can also be downloaded from our website. Both documents include lots of important information, including key dates and events, so do take the time to read them and if you have any questions please contact your child's class teacher.

### Thank you

Earlier this week a grandparent collapsed at the end of the school day. Thank you to everyone who helped and for your support and concern – their family are extremely grateful and I am pleased to report they are recovering well.

### Polite request

If you have a school related concern, the best possible route to resolve this is to come and talk to us. Airing concerns on Facebook will resolve nothing and will in fact, in all likelihood, make it worse. Whether in open or closed groups, we do get to hear about Facebook conversations and posts. If you feel there is an issue that is important to you and your child, please contact us in the first instance.



Linked to this, we have recently reviewed and revised our Class Dojo policy. We expect all communication via Class Dojo to be respectful and we reserve the right to remove uploads, comments or messages deemed to be inappropriate or unsupportive. Again, if you have a concern or complaint, please use the correct channels of communication. The policy can be viewed in full on our website by going to School Information > Policies.

#### Safeguarding Update – Parent Wise

The Home office have recently launched a resource for Parents and Carers as part of its new #ParentWise campaign providing advice on how to protect children from a range of issues they may be exposed to, including how to spot signs.

Check out the ParentWise educational hub: <https://parentwise.campaign.gov.uk/>

These are some of the issues that are covered in the resource:

- alcohol and drugs
- bullying
- child criminal exploitation and ‘county lines’
- child sexual abuse and exploitation
- exploitation by extremist or radical influences
- knife harm
- online safety
- sex and relationships

If you, or someone you know, has been a victim of Hate Crime, this can be reported through the Hate Incident Support Service at [www.westsussex.gov.uk/reportahateincident](http://www.westsussex.gov.uk/reportahateincident) or by calling 0808 168 9274.

#### Discrimination assembly

We are so proud of our Year 6 School Pupil Councillors who researched, prepared and delivered a brilliant assembly to Key Stage 2 on discrimination this week. The assembly was informative and thought-provoking, and helped all of the children think about the impact discrimination can have on others. Special thanks and well done to these children.

#### Privacy notice

We have updated our privacy notice ahead of our change across to a new management information system (Bromcom). Our privacy notice can be viewed by our website by going to School Information > Policies > GDPR.

#### Bank Holiday Monday and INSET day

A reminder that next Monday, 2<sup>nd</sup> May, is a Bank Holiday so school will be closed. We are also closed next Thursday, 5<sup>th</sup> May, for INSET. We were informed only this week that Arun District Council no longer require the use of the school for polling as they do not have any scheduled elections taking place this year. However, we will remain closed on this date as planned.

#### Advice for Ukrainian families on applying for a school place and accessing childcare in England

The Department for Education have published some advice on the Education Hub for Ukrainian families on [applying for a school place and accessing childcare](#). The article is available in both English and Ukrainian.

#### Ukraine Appeal

We wanted to thank all of you who have donated items to support families caught up in the crisis in the Ukraine. There is still a huge need for humanitarian aid and one of our supply teachers has explained more:

*My name is Amanda Cherry and I am a supply teacher at Summerlea. I have a friend who lives in Poland and is organising a van for collection of food and hygiene products from Worthing to*

*Warsaw and then Warsaw to Ukraine. If you feel you would like to donate any items, I would be so grateful for your donations as the need is so great; put simply, they don't have food and basic supplies and the van needs to be as full as possible. All donations need to be given by Friday 6th May. Please find below, the list of requested items. Thank you so much for caring.*

**Long-term food:**

Pasta

Rice

Sugar

Flour

Good quality tins of meat

Cooking oil (in plastic bottles only)

Beans

Lentils

Chickpeas

Tea, coffee and powdered milk

**Hygiene Products:**

Toilet roll

Sanitary towels/tampons

Soap

Shampoo

Toothpaste and toothbrushes

Basic medicines like paracetamol, calpol, plasters

**Baby Necessities**

Nappies

Nappy cream

Baby formula milk

Baby food (glass jars are fine)

Please bring your donations to the school hall between Tuesday 3rd May and the morning of Friday 6th May when Mrs Cherry will collect them. Many thanks for your support.

Wishing you a good weekend.

Yours sincerely

*Helen Morris*

Headteacher

# SUMMER TRAINING COURSES

Dear Friends & Colleagues

We hope you have had a good Easter break and have enjoyed the warmer weather we have been having. We have lots of events coming up in the Summer term and we look forward to seeing you soon.

In addition to our one off [training workshops](#) we also deliver two very popular [training courses](#) **Making Sense of it All Foundation Course** and **Making Sense of Wellbeing** - see below for further information about both courses and links to book your place.

Please visit our [website here](#) for details of all our services and access to our wide range of information resources. If there is anything we can help you with please don't hesitate to get in touch with us at [admin@reachingfamilies.org.uk](mailto:admin@reachingfamilies.org.uk).

## Reaching Families

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### Making Sense of It All - Foundation Course

*Has your child been identified as having additional needs?*

**DO YOU FIND THE SYSTEMS AND SUPPORT FOR SPECIAL EDUCATIONAL  
NEEDS CONFUSING?**

**WOULD YOU BENEFIT FROM A BROAD OVERVIEW OF HOW IT ALL WORKS?**

This course is designed to provide an introduction to the key issues parents and carers will encounter as their children grow and develop. It aims to empower parents of children undergoing or who have recently undergone diagnosis but is helpful to any parents who feel they need an overview of the following subjects: -

- ~ **Coming to terms with and understanding your child's diagnosis**
  - ~ **Where to go for information and advice**
  - ~ **Handling stress and building resilience**
- ~ **Gaining support from other parents/carers**
- ~ **Accessing benefits and financial support**
- ~ **Getting support for your child at school**
- ~ **Accessing support through health & social care**
- ~ **Accessing other key services and opportunities in West Sussex**

**We are running three Foundation courses in the Summer term, to book a free place**

on one of the courses below please visit our Eventbrite page by clicking on the relevant dates.

**Two day course - Bersted Park Community Centre, Bognor Regis**

**Wednesdays May 18th and 25th 9.30am – 2.30pm**

**Online evening course - three sessions via Zoom**

**Wednesdays June 8th, 15th and 22nd 7.30pm – 9.30pm**

**Two day course - Billingshurst Community Centre**

**Wednesdays June 29th and July 6th 9.30am - 2.30pm**

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## **Making Sense of Wellbeing**

*Parents have consistently told us that their greatest challenge is coping with anxiety, stress and emotional wellbeing.*

This course provides a blend of workshops and mindfulness practice designed to help you enhance your relationship with your child with SEND, build resilience, reduce stress and learn relaxation techniques.

Each session can be attended as a stand alone but we would encourage you to attend the whole course if able to.

**Tuesdays 7.15pm - 8.15pm**

**Wellbeing: Active listening - Tuesday 26th April**

**Mindfulness: Listening to your inner experience - Tuesday 3rd May**

**Wellbeing: Problem solving - Tuesday 10th May**

**Mindfulness: Finding peace in the storm - Tuesday 17th May**

**Wellbeing: Positive thinking - Tuesday 24th May**

**Half Term**

**Wellbeing: Relaxation and self care - Tuesday 7th June**

**Mindfulness: Mind and body relaxation - Tuesday 14th June**

**Wellbeing: Managing anxiety - Tuesday 21st June**

**Mindfulness: Going with life's flow - Tuesday 28th June**

**Wellbeing: Managing low mood - Tuesday 5th July**

**Mindfulness: Mood changing exercises - Tuesday 12th July**

**Free course delivered via Zoom please click on the session to book a place**

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[www.reachingfamilies.org.uk](http://www.reachingfamilies.org.uk)

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## FREE INFORMAL WORKSHOPS FOR PARENTS AND CARERS OF CHILDREN AND YOUNG PEOPLE TO HELP SUPPORT THEIR CHILD'S MENTAL HEALTH.

As a parent, we often find ourselves ill-equipped when it comes to dealing with, or even being aware of, our child's or young person's mental wellbeing, but help is at hand. West Sussex Mind are running a series of friendly, confidential and relaxed workshops where we will discuss about the challenges to young people's mental health, gain confidence in having conversations about how they are feeling and thinking and explore ways to help your young person with any emotional difficulties.

Spring dates now available.

Book now - [West Sussex Mind | Understanding Young People's Mental Health](#)



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