

Self-Manager

Badge	Key skills	Key questions	Key evidence	Where evidence could come from
Bronze - beginner	I can manage my own emotions. I can organise my time and resources I need.	<p>Can you name some different emotions?</p> <p>What do you do if you are feeling ...? (choose an emotion)</p> <p>If you are feeling worried or confused about learning or friendships what do you do to help yourself?</p> <p>What belongings and resources do you look after?</p> <p>How do you show that you know how to look after your belongings and the ones that belong to school?</p> <p>Can you give an example where you have shown our key three of being kind, safe and/or ready to learn?</p>	<p>Names a range of emotions e.g. happy, sad, angry, excited, nervous</p> <p>Can suggest appropriate ways of managing an emotion e.g. anger or sadness</p> <p>Shows an understanding of their own emotions. Children can suggest ideas that helps keep them and others safe</p> <p>Understand who to go to for help, maybe names their trusted adults, Talks about strategies to help cope with challenging emotions, like the calming basket, taking breaths, using resources to help learning, asking a friend</p> <p>Talks about, for example, making sure their work is named, remembers and looks after book bag, lunchbox, water bottle etc. Helps tidy up and treats equipment and resources with care and respect.</p> <p>Gives a good example of keeping the key three.</p>	Observations in class and on playground Circle times Conversations certificate draw tidy PE kit / other equipment in school
Silver * – secure *Bronze standards all have to be met in addition for the Silver standard to be achieved	I always complete my work and hand it in on time. I can take and manage risks. I can show initiative and perseverance, I	<p>How might the way you are feeling change the way you learn?</p> <p>Why is it important to be aware of / know how you're feeling?</p>	Discusses ways / routines that ensures they complete work set in the allocated time, including homework	Observations Attitude to learning and school Certificate Parental comments Use of resources in school Forest school

	see a task through to the end.	<p>Tell me about your homework commitments and how you make sure you complete them</p> <p>Can you give me an example of another commitment / job you need to do and how you make sure you do it?</p> <p>How do you take risks and safely manage these?</p> <p>How do you cope with distractions in class?</p> <p>What does the phrase 'struggle is good' mean? Why is it important to challenge yourself?</p> <p>Can you give me an example of something you found difficult and how you went about tackling it successfully?</p> <p>What do you still find difficult? What helps you with this?</p> <p>Can you give an example of a time you needed to stick at things and finish them despite challenges? Think about something it's taken you a long time to learn or sort out.</p>	<p>Shows a willingness to help at home / out of school and manages this responsibility well</p> <p>Understand that mistakes are part of learning That finding things too easy may show a lack of aspiration and drive</p> <p>Talks about things they have found difficult and still find difficult but understands how they can manage their own response to these situations to keep progressing Suggests things they use / do to support this (eg using resources/ calming strategies/ asking for help/ researching ideas)</p>	<p>Friendships</p> <p>Playtime games</p> <p>Quizzes</p>
<p>Gold* - mastery</p> <p>*Silver standards all have to be met in addition for the Gold standard to be achieved</p>	<p>I think about problems and search for solutions before asking for help.</p> <p>I can prioritise what needs to be done during a task.</p>	<p>How do you sort out problems to find positive solutions with friends without involving an adult?</p> <p>If you get stuck or have a problem to solve what steps do you take to solve it?</p> <p>How do you 'un-stick' yourself?</p> <p>What does prioritise mean?</p> <p>Why, at times, is it important to prioritise?</p>	<p>Suggests strategies used to solve problems – talks about compromise and being flexible / being able to talk calmly by controlling emotions</p> <p>Suggests clear ways to help themselves get 'un-stuck' (making links, using resources, asking for help)</p>	<p>Observations</p> <p>Certificates</p> <p>Friendship</p> <p>Solving problems</p> <p>Quizzes</p> <p>Homework</p> <p>Multi step tasks</p>

		<p>How do you decide on the order of priority for tasks?</p> <p>Can you give an example of when you have prioritised something over something else –</p> <p>why did you do this?</p>	<p>Explains the word priority – something that needs to be done first</p> <p>Has an awareness of expectations and deadlines</p>	
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